

# AGING IN PLACE TASK FORCE

Report to Mayor & Council

April 2016

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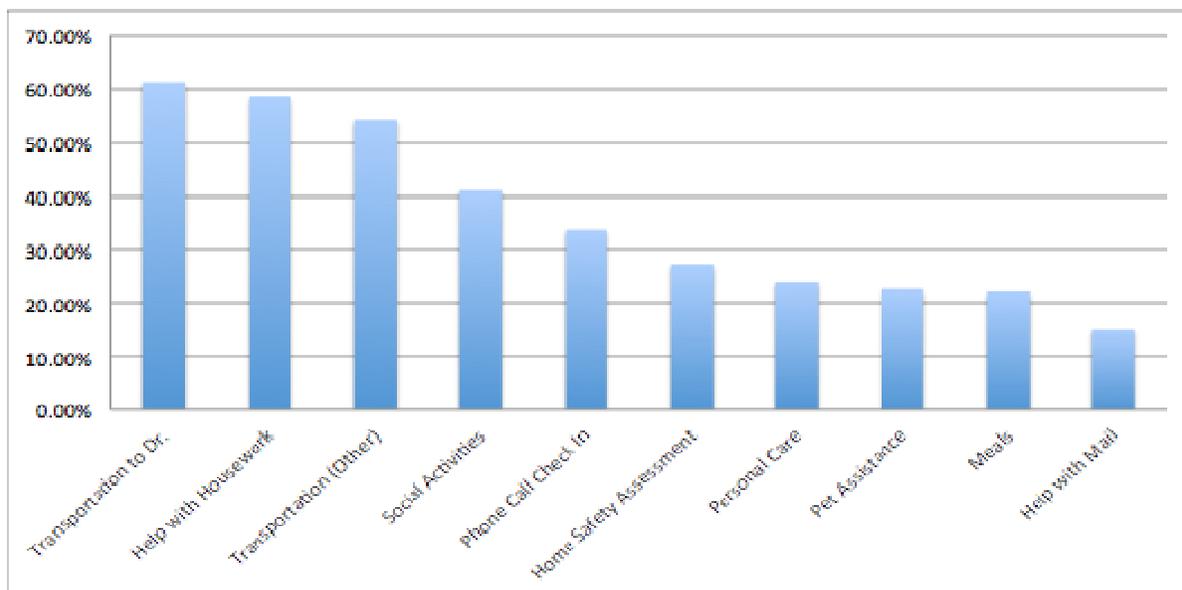
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## EXECUTIVE SUMMARY

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The City of College Park established the Aging in Place Task Force, consisting of city councilmembers, College Park residents, and city staff, in October 2014. The charge of the committee is to provide the city council with recommendations to help seniors remain in their homes as they age. In order to develop recommendations for how the City of College Park can best meet the needs of seniors aging-in-place, the Task Force conducted a survey of older adults within College Park, spoke with local service providers, and engaged the College Park Seniors Program staff to determine what the most common requests for services and those requests that are unable to meet. The results of these efforts were then used to develop recommendations regarding services and structures the city might provide in order to fill those gaps in service.

### NEEDS IDENTIFIED BY THE SURVEY



This report consists of two sets of recommendations. The first set includes recommendations that respond directly to the needs reflected in the survey, including enhancements to existing services, such as transportation and social activities that residents responding to the survey identified as existing needs, as well as new services that are not currently being offered. The second set includes strategic ways senior services could be enhanced city-wide (i.e. a case management tool and communication plan).

The United States Census Bureau predicts a significant growth in the number of people 65 and over both in our region and nationwide.

Additionally, there are several seniors who live in the City who do not currently take advantage of the services provided. In order to address these needs, the Task Force asks the College Park City Council to consider expanding services available to seniors and enhancing the ways in which the city communicates information to seniors, as well as providing resources and referrals to connect seniors with other

services that exist. The recommendations of this report, along with guidance from city staff, will help determine which recommendation are a priority for the city and projected timelines (short-term vs. long-term) for the implementations of those recommendations.

## INTRODUCTION

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Aging-In-Place is the ability of someone to continue to live in their residence of choice and community safely, independently, and comfortably, for long as they are able, as they age.

“To be clear: the act of aging in place takes place during a period of time in an elderly person’s life where they can have the things that they need in their daily life, while maintaining their quality of life.

The reason this distinction is important is because many people think aging in place will fix the problems they have in their lives. The only problems that can be fixed while aging in place are the ones that a person has planned for (i.e. finances, health, personal or health care, etc.).”

Source: <http://ageinplace.com/aging-in-place-basics/what-is-aging-in-place/>

The Aging in Place Task Force [The Task Force] was created by Resolution 14-R-07 [Appendix A], adopted by the College Park City Council on April 8, 2014, to fulfill the action item in the FY 2014 Action Plan to “Create a seniors aging-in-place ad hoc committee of the Council to explore options for the creation of an aging-in-place program in College Park to help seniors remain in their homes.” The charge of the task force was to:

- Identify existing City resources that support our aging population
- Identify existing County Resources that support our aging population
- Identify needs of the City’s aging population that desire to age-in-place
- Identify gaps between current resources and the needs of the aging-in-place population
- Identify and research potential strategies that the city could pursue to address the gaps between the available resources and the current needs for aging-in-place. Such potential strategies should include:
  - an information and referral service
  - a volunteer network
  - a senior daycare facility
  - addressing nutritional needs with current stakeholder

The task force is made up of member of the city council and residents appointed by the city council from all four districts.

Barnes, Helen	04/2015 - 04/2016	Dist. 3
Blumenthal, Judy	01/2015 - 04/2016	Dist. 1
Brennan, P. J.	11/2014 - 04/2016	Dist. 2
Dorsch, David	03/2015 - 04/2016	Dist. 3
Ealley, Lisa	01/2015 - 04/2016	Dist. 1

Ireton, Chuck (deceased)	10/2014 - 09/2015	Dist. 2
Kabir, Fazlul	11/2014 - 04/2016	Dist. 1
Mitchell, Denise	11/2014 - 12/2015	Dist. 4
Nowlin, Darlene	10/2014 - 04/2016	Dist. 4
Sanders, Cory	07/2014 - 01/2016	Dist. 1
Wojahn, Patrick	11/2014 - 04/2016	Dist. 1

Staff Liaison:	Peggy Higgins, LCSW-C
Contract Secretary:	Laura Salers

## **CITY RESOURCES**

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The City of College Park provides direct services [Appendices E] to the aging-in-place population through the Youth, Family & Senior Services Department. The Seniors Program staff provides assistance to College Park residents aged 62 and older providing case management and advocacy services for seniors in interfacing with other agencies, including health insurance companies, Medicare, Social Security, prescription drug programs and Social Services. Staff serves as liaison to other community resources and provides assistance in understanding business correspondence and other personal matters. They provide counseling service to resolve family and interpersonal issues and provide information and referral to other community, County and State resources including other transportation resources. Additional services include limited bus transportation to local Prince George's County medical appointments and to local shopping centers with grocery store, day trips, local outings and periodic senior socials. The Senior Services program employs 1.5 program case management staff, .3 office specialist and 1.5 shuttle drivers in the provision of these services.

## **COUNTY RESOURCES**

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Prince George's County provides a range of services [Appendix E] to the aging-in-place population, many of which are facilitated by the Aging and Disabilities Services Division. Their services range from long term care to coordination of volunteer and employment programs. Many of the long term care options have income restrictions and long waiting lists to receive services. The City provides referrals to county services, when the city is unable to meet a specific need and when county services are appropriate.

## **SUMMARY OF THE AGING-IN-PLACE SURVEY**

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The Task Force first met in February 2015 and the members determined that the best way to understand the needs of the older adults in the community was to distribute a survey to residents. This survey was sent by email, printed in the municipal scene and available for residents online [See Appendix C for Survey and Results].

In addition, the act of creating the survey lent itself to The Task Force studying existing Aging-In-Place models in Prince George's County, Maryland, and nationally [Appendix F], and to identifying resources [Appendix G & H] to help promote an effective Aging-In-Place program for the City of College Park, Maryland. While the task force was waiting for the surveys to be completed and returned, they met with various individuals who were not on the task force but who were instrumental in bringing seniors in the community together to meet and learn about their needs. The Task Force met with Explorations in Aging, Neighbors Helping Neighbors, UMD Staff, and Christal Batey from the Greenbelt Assistance in Living program.

303 residents responded to the survey. Roughly 93 percent of those respondents were ages 50 and older. Approximately 27.4%, or 83 people, indicated that they have a disability. While residents throughout the city are represented in the survey, it should be noted that a majority (42%) of responses came from north College Park (Daniels Park, Hollywood, Sunnyside) and an additional 10 respondents





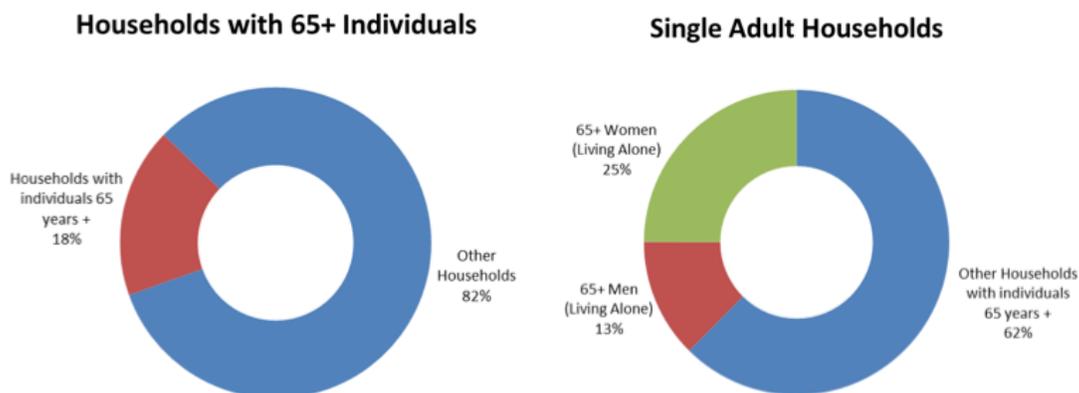
## DISCUSSION OF UNMET NEED

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In assessing unmet need, the Task Force looked to the future as well as current unmet needs. As the United States Census Bureau recently noted:

“Between 2012 and 2050, the United States will experience considerable growth in its older population (see Figure 1).<sup>2</sup> In 2050, the population aged 65 and over is projected to be 83.7 million, almost double its estimated population of 43.1 million in 2012. The baby boomers are largely responsible for this increase in the older population, as they began turning 65 in 2011.<sup>3</sup> By 2050, the surviving baby boomers will be over the age of 85.”  
(<https://www.census.gov/prod/2014pubs/p25-1140.pdf>)

In considering current needs, it is also helpful to understand the current population. Of the 18% of households in the city, according to the 2010 Census, 18% are households with individuals ages 65 and older. Of that population, 25% are women living alone, 13% are men living alone, and the remaining 62% are other households with individuals 65 and older.



According to the 2010 Census [Appendix B] projections for 2015, 1,561 people ages 65 years and older live in College Park. 1,195 households are home to individuals 65 years or older. 151 men and 298 women 65 years or older are living alone. Of the 1,561 people ages 65 and older, 840 are 65 - 74 years of age, 516 are 75 to 84 and 205 are 85 and older. In FY 2015, the College Park Senior Services program served approximately 150 seniors with case management, advocacy services and provided transportation for 3,507 City seniors. The transportation number of seniors service is a duplicated count as many seniors depend on city transportation on a weekly basis.

The College Park Senior Program Staff put together a list of unmet needs, attached below in Appendix D. These unmet needs have been collected by staff and are based on actual requests from residents. Needs centered on additional transportation offerings, health and medical, entitlement programs, housing, in-home care, exterior home-maintenance, social activities, and assistance with mortgage/rent/tax payments.

As previously stated, other groups were invited to present to the task force while the survey in circulation: Explorations on Aging, Neighbors Helping Neighbors, UMD Staff, and the Greenbelt Seniors Program. Explorations on Aging demonstrated a strong desire for more information in our senior community and senior focused events to build community and celebrate senior contributions. Neighbors Helping Neighbors has defined the opportunity to build bridges with the University by connecting foreign students with senior residents, building strong relationships that can also assist with the needs of the senior community. UMD's School of Communications identified the need to make a broader awareness of senior issues through an opportunity for oral histories.

## RECOMMENDATIONS

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Using the results of the Aging-In-Place Survey and the information provided by staff, the Task Force can draw some immediate conclusions about the city's support for the aging-in-place community into the future.

The survey's top five identified services results –

- Transportation to Doctor Appointments (61.21%)
- Transportation, Other (54.21%)
- Help with Housework (58.41%)
- Social Activities (41.12%)
- Phone Calls to See How You're Doing (33.64%)

### RECOMMENDATIONS IN RESPONSE TO THE SURVEY

#### Transportation

Based on the information provided, it can be concluded that transportation services should be the top priority for the city as it pertains to serving our aging-in-place residents. Current Seniors Program services include coordination/scheduling of routine trips to medical appointments and the grocery store. Transportation is also provided for a select number of activities coordinated or sponsored by the city.

The city should regularly seek out new ways to improve upon and expand transportation services. The committee believes the city can achieve this over time through some of the following:

- Clearly define all transportation options (public and private)
- Create a communication plan to distribute transportation information through the year
- Identify and leverage best practices from neighboring cities (i.e. Greenbelt)
- Conduct a study to analyze and recommend improvements to existing transportation networks
- Explore grant funding to support transportation efforts
- Develop/Organize a structure to support a volunteer group that can supplement the services provided by the city
- Lobby state and county to provide additional subsidies and or free transportation on Maryland buses for all seniors
- Define transportation services for referral, including discount programs offered by Uber, taxi vouchers, etc...
- Explore the development of a partnership with "Village Rides" program which, at no cost to the entity requesting assistance, provides administrative support, technical assistance and insurance

coverage for an entity's volunteer transportation program. Also relates to empowering volunteer organization.

#### Help with Housework (Interior/Exterior)

The city does not provide any direct services related to housework or home care. The current response to requests for these services is to refer residents to local service providers for housework services or home care services. Costs associated with most of these services are assumed by senior. The city can also refer residents to county services, which are outlined in Appendix E. It should be noted that county services are income based and have a long waiting list for services

It is not recommended that the city begin to provide direct housework or home care services, however there are ways the city can continue to improve in this area:

- Maintain, publish, and communicate a list of trusted providers (especially those providing low cost options for seniors). Distinguish between private and charitable sources.
  - TaskRabbit
  - This list can be expanded to other service providers, like pro bono legal services
- Track all referrals and follow up with residents
- Coordinate an annual day of service for city staff to lend support to those in need (home repairs, IT training, yard maintenance, etc...)
- Develop/Organize a structure to support a volunteer group that can supplement the services provided by the city
- Continued coordination with Phi Psi Friends and expand coordination with other fraternities and sororities offering volunteer services/support
- Explore increasing the city's interaction with Christmas in April, a volunteer home repair service
- Provide subsidies for most vulnerable seniors.
- Explore the feasibility of a household accessibility/retrofit program (i.e. Takoma Park approach)
  - i. Leverage best practices from the City of Greenbelt, perhaps propose a cost-sharing agreement?
  - ii. Link back to household task list – maybe mark those resources where there are people to help with this specific type of task
  - iii. Look for and apply for grants to support creating a more robust program in College Park.

#### Social Activities

Social activities are critical to the aging-in-place population to address the concerns of social isolation.

The city currently provides periodic social activity opportunities for College Park Seniors. Those activities include the College Park Activity Team which plans 4 -5 activities a year, primarily at Old Parish House. Some of these activities been in partnership with College Park Arts Exchange; City provides eight subsidized day trips a year; City provides three to four subsidized trips a year for seniors with physical challenges, City transports seniors to swimming at Greenbelt pool. Cost of pool entry assumed by senior.

Many organizations within the City of College Park provide activities from week to week, most notably the University, the College Park Arts Exchange, and the county run College Park Community Center. The major services provided by the city include transportation and covering the costs of these events. The city can improve upon social activities by:

- Publicize and facilitate senior social activities using the usual city channels (including city and MNCPPC activities and PGCC Seasoned Adults Growing Educationally (SAGE) programs within the city, UMD Golden ID, Recreation Board)
- Expand social activities to monthly events within the cities borders
  - Address social needs from December - March
- Expand funding and transportation for evening events
- Collaborate with the Clarice Smith Performing Arts Center
- Develop/Organize a structure to support a volunteer group that can supplement the services provided by the city

#### Phone Calls to See How Residents Are Doing

Telephone Reassurance calls to residents to see how they're doing creates an important relationship with the city and seniors, a sense of safety, and can serve to look out for the interests of the most vulnerable by identifying seniors that might be in distress. However, the calls serve more than a quick check-in. Proactive communications with the senior community is critical to making seniors aware of services, social opportunities, and reducing the occurrence of social isolation.

The city can assist in meeting this identified need by:

- Refer residents to the existing Telephone Reassurance Program offered by Prince George's County
- Establishing a database of seniors, proactively grow that list, and routinely reach out to those individuals
- Work with a volunteers group to supplement staff time in addressing this need

The remaining needs reflected in the survey can and should be reviewed by the city. To the extent the city directly serves or provides referrals for these needs, however continual improvement in these areas should be assessed over time.

- Safety Assessment of Home – 27.10% (58 people)
- Personal Care – 23.83% (51 people)
- Pet Assistance – 22.43% (48 people)
- Meals – 21.96% (47 people)
- Help with Correspondence/Mail – 14.95% (32 people)

#### **RECOMMENDATIONS TO SUPPORT OVERALL APPROACH**

In order to execute the activities above, the city must explore a number of strategies to improve operational efficiency. Those strategies include:

##### Case Management Tools

Service coordination is a high necessity in order to facilitate making it possible for aging College Park residents to age comfortably in place. The city does not use any formal mechanism to track cases, referrals, or regular communications with seniors. The use of a social services case management application/tool to track and measure services workload would be in the interest of the city. Such a tool would also help to prioritize resources to those most in need or those most vulnerable. Social service agencies and other departments doing case management use these tools and they are also used to justify increases in services when the numbers reach a certain crisis point.

The city should explore the use of such a product and identify if the county is using a case management product. Some products can link with one another so that linked users can track referred cases.

- The city should explore using the upgraded SunGard software to facilitate case management for the city's senior population.

#### Comprehensive Communications Plan

A communication plan can assist the city in identifying the different things they need to be communicating to our senior population. Based on the feedback we've heard during this process, the city should focus city resources on outreach to seniors living in non-subsidized housing (i.e. Attick and Spellman seem to have a strong relationship with the seniors program already). These strategic touch point throughout the year can ensure that a sufficient effort is being made to disseminate this information. Modes of communication should be defined to include in-person, paper, and digital (web) sources. The communication plan effort can also include:

- Develop and implement an ongoing communication plan
  - Prepare younger (50-65) citizens with resources they need to know about to age in place (i.e. planning)
- Utilize the new Communication Coordinator.... The City is seeking to employ communication personnel to disseminate city related information. The new staff can help provide aging-in-place related information to City's senior residents.
- Building the mail and email list of residents seeking periodic reminders and senior specific event information
- Promote a dedicated information line for City residents (can use the resources on web page listed below for those not tech savvy)
  - Provide and maintain a database of senior resources on City website.
- Formal engagement with a volunteer organization to conduct programs and training in the community regarding aging-ng-place topics (could be University's resources as well)
- Assessment of the information provided on the city website.
  - Provide a comprehensive, self-service website to provide information, training, and local resources. Should include:
    - i. topic-specific videos,
    - ii. links to online training opportunities,
    - iii. a resource page that provides links to support groups, case managers for hire, and other local opportunities for support,
    - iv. an FAQ section with answers and links for getting more information,
    - v. a robust search engine for searching the website, and
    - vi. a strong link/presence to the University community that could provide support (e.g. there is a Fraternity that will come and do household chores for you if you make a donation to their chosen charity)

#### Additional City Staff

The City Council should make the decision whether to add additional case management staff based on the existing need, direction of the senior program, the recommendations adopted by council, and the metrics that would be available to the city manager upon adoption of a case management tool.

- In order for the city seniors program to be viewed as a city-wide service, move City Seniors Program's main office to an alternative site such as the new City Hall or Davis Hall.

### Organize relationship with volunteer group

A dedicated volunteer organization for our seniors can also help to supplement city resources and create additional meaningful relationship. Volunteers can assist with direct services like transportation, housework, social activities, and calls/check-ins with seniors. They can also provide opportunities for information sharing and events. There are many aging in place models currently in existence in the United States. The city would be instrumental in supporting this group, providing space, a phone line, and other resources. The volunteer organization could also be a part of the adoption of an aging-in-place model to define their organization.

- Support/assist in the development of a neighbor helping neighbor volunteer program.
- Coordinate issue –specific workshops with Explorations In Aging.

*Exploration In Aging serves as a preliminary volunteer organization to help disseminate information to the senior community and coordinate senior events.*

### Creation of a Senior/Aging-in-Place Committee

The AiP Taskforce recommends that the council explore the formation of a standing committee to assist with the continued development and execution of improved services. For example, the committee could help with the creation of a communication plan, identifying legislative priorities related to the senior community, the establishment of a more robust service provider list, and serve as a bridge between the city and an established volunteer organization.

### Cross Departmental Services for Seniors

Identify IT and PW departmental goals to assist with senior needs, interact with constituents and educate residents & staff about senior specific services. Services could include assistance with in home or exterior property maintenance, assistance with pet care, education about services specific to seniors (i.e. trash bin assistance), and IT staff could teach seniors how to search for resources using the internet.

- Training other staff on how to interact with seniors
- How would staff report senior issues back to Seniors Program?

### Identify Aging-in-Place Legislative Priorities

The city should:

- Support action that would better protect seniors, such as elder abuse and financial exploitation.
- Support health legislation that improves access to medications and lowers the cost of medications.
- Utilize a committee structure to follow this information (attend meetings in Annapolis) and make recommendations to council.

### Land-use/Zoning:

- Advocate that new development along US1 and elsewhere in the city provides walkable sidewalks that are scooter friendly.
- Pursue Complete Streets policies for College Park streets.

### Senior Center/Senior day care:

The city should pursue a variety of options for senior day care and other places for seniors to receive a variety of services during the daytime while living in their homes:

- Use available city space to create a senior activity center (based on park and planning design/input)
- Create a facility that could provide both medical and non-medical senior day care.

- It would have to be protected by those who would operate it.
- Transportation by the owner/ operator would be provided for clients.
- City could help by facilitating permits and other avenues of support needed by any new start up business.

## CONCLUSION

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This report is meant to provide a sense of the overall need for services in College Park that would assist the entire senior population in being able to remain in their homes as they age. While the report includes a series of recommendations based on the task force's sense of what is taking place in neighboring communities as well as the unmet needs of College Park seniors, these recommendations are meant as ideas for further exploration. These are not meant to be prescriptive. The final actions that the city will be taking are dependent upon the resources available and the ongoing exploration that the city will continue to undertake.

If the city is going to serve the needs of its growing senior population, however, it will likely require additional resources and investment, (especially in the areas of transportation, home care, and communication with the senior population), to adequately ensure that seniors in our community are able to stay in their homes as they age. While this report concludes the work of the Task Force, individual members of the Task Force look forward to continued discussions on how best the City of College Park can meet that growing need.

# APPENDICES

## APPENDIX A - RESOLUTION 14-R-07

14-R-07

14-R-07

**A RESOLUTION OF THE MAYOR AND COUNCIL OF  
THE CITY OF COLLEGE PARK TO ESTABLISH THE  
COLLEGE PARK AGING-IN-PLACE TASK FORCE**

**WHEREAS**, the Mayor and Council of the City of College Park adopted the 2010 – 2015 Strategic Plan on August 10, 2010 that included the objective (Goal 1, Objective 4) to “Strengthen well-being of residents that seek assistance through youth, family and seniors programs.”

**WHEREAS**, the FY 2014 Action Plan contains a corresponding action recommendation to “Create a seniors aging-in-place ad hoc committee of the Council to explore options for the creation of an aging-in-place program in College Park to help seniors remain in their homes.”

**WHEREAS**, the Mayor and City Council now desire to establish an “aging in place” Task Force.

**NOW, THEREFORE, BE IT RESOLVED** by the Mayor and Council of the City of College Park that the “College Park Aging-In-Place Task Force” be and it is hereby established and organized as follows:

**1. Charge:**

- Identify existing City resources that support our aging population
- Identify existing County resources that support our aging population
- Identify needs of the City’s aging population who desire to age-in-place
- Identify gaps between current resources and the needs of the aging-in-place population
- Identify and research potential strategies that the City could pursue to address the gaps between the available resources and current needs for aging-in-place. Such potential strategies could include:

14-R-07

- an information and referral service
  - a volunteer network
  - a senior day care facility
  - addressing nutritional needs with current stakeholders
- Prepare a final report of strategies and recommendations for the Mayor and Council to be presented in January of 2015.
2. **Composition:** the College Park Aging-In-Place Task Force shall consist of 8 City residents (with the goal of having two from each Council district) and 2 City Council representatives, for a total of 10 members. The Task Force is encouraged to include experts from outside agencies (i.e., Prince George’s County, University of Maryland, AARP or MetLife) to participate to the extent deemed desirable and necessary by the Task Force. These guests are not voting members of the Task Force.
3. **Structure:** The College Park Aging-In-Place Task Force shall select a Chair from among its members. The staff liaison shall be the Director of Youth, Family and Senior Services (or her designee). A quorum shall be 5 members. The affirmative vote of a majority of the members present and voting is required to take an action. The Task Force shall be discharged after the final report has been presented to the Mayor and City Council (anticipated in January of 2015).

**ADOPTED** by the Mayor and City Council of the City of College Park, Maryland at a regular meeting on the \_\_\_\_\_ day of \_\_\_\_\_, 2014.

**EFFECTIVE** the \_\_\_\_\_ day of \_\_\_\_\_, 2014.

14-R-07

**WITNESS:**

**THE CITY OF COLLEGE PARK,  
MARYLAND**

\_\_\_\_\_  
Janeen S. Miller, CMC, City Clerk

\_\_\_\_\_  
Andrew M. Fellows, Mayor

**APPROVED AS TO FORM  
AND LEGAL SUFFICIENCY:**

\_\_\_\_\_  
Suellen M. Ferguson, City Attorney

## APPENDIX B - CENSUS DATA



AMERICAN  
FactFinder



DP-1 | Profile of General Population and Housing Characteristics: 2010

2010 Demographic Profile Data

NOTE: For more information on confidentiality protection, nonsampling error, and definitions, see <http://www.census.gov/prod/cen2010/doc/dpsf.pdf>.

Geography: College Park city, Maryland

Subject	Number	Percent
<b>SEX AND AGE</b>		
Total population	30,413	100.0
Under 5 years	729	2.4
5 to 9 years	592	1.9
10 to 14 years	571	1.9
15 to 19 years	8,258	27.2
20 to 24 years	10,619	34.9
25 to 29 years	1,814	6.0
30 to 34 years	1,239	4.1
35 to 39 years	884	2.9
40 to 44 years	816	2.7
45 to 49 years	903	3.0
50 to 54 years	971	3.2
55 to 59 years	801	2.6
60 to 64 years	655	2.2
65 to 69 years	494	1.6
70 to 74 years	346	1.1
75 to 79 years	302	1.0
80 to 84 years	214	0.7
85 years and over	205	0.7
Median age (years)	21.3	( X )
16 years and over	28,398	93.4
18 years and over	28,087	92.4
21 years and over	16,173	53.2
62 years and over	1,948	6.4
65 years and over	1,561	5.1
<b>Male population</b>		
Under 5 years	404	1.3
5 to 9 years	306	1.0
10 to 14 years	289	1.0
15 to 19 years	4,253	14.0
20 to 24 years	5,920	19.5
25 to 29 years	1,036	3.4
30 to 34 years	664	2.2
35 to 39 years	453	1.5
40 to 44 years	441	1.5
45 to 49 years	463	1.5
50 to 54 years	484	1.6
55 to 59 years	434	1.4
60 to 64 years	322	1.1
65 to 69 years	229	0.8
70 to 74 years	152	0.5

Subject	Number	Percent
75 to 79 years	132	0.4
80 to 84 years	80	0.3
85 years and over	78	0.3
Median age (years)	21.3	( X )
16 years and over	15,085	49.6
18 years and over	14,915	49.0
21 years and over	8,689	28.6
62 years and over	858	2.8
65 years and over	671	2.2
Female population	14,273	46.9
Under 5 years	325	1.1
5 to 9 years	286	0.9
10 to 14 years	282	0.9
15 to 19 years	4,005	13.2
20 to 24 years	4,699	15.5
25 to 29 years	778	2.6
30 to 34 years	575	1.9
35 to 39 years	431	1.4
40 to 44 years	375	1.2
45 to 49 years	440	1.4
50 to 54 years	487	1.6
55 to 59 years	367	1.2
60 to 64 years	333	1.1
65 to 69 years	265	0.9
70 to 74 years	194	0.6
75 to 79 years	170	0.6
80 to 84 years	134	0.4
85 years and over	127	0.4
Median age (years)	21.2	( X )
16 years and over	13,313	43.8
18 years and over	13,172	43.3
21 years and over	7,484	24.6
62 years and over	1,090	3.6
65 years and over	890	2.9
<b>RACE</b>		
Total population	30,413	100.0
One Race	29,334	96.5
White	19,170	63.0
Black or African American	4,349	14.3
American Indian and Alaska Native	88	0.3
Asian	3,877	12.7
Asian Indian	887	2.9
Chinese	1,081	3.6
Filipino	222	0.7
Japanese	47	0.2
Korean	579	1.9
Vietnamese	151	0.5
Other Asian [1]	910	3.0
Native Hawaiian and Other Pacific Islander	24	0.1
Native Hawaiian	2	0.0
Guamanian or Chamorro	8	0.0
Samoan	4	0.0
Other Pacific Islander [2]	10	0.0
Some Other Race	1,826	6.0

Subject	Number	Percent
Two or More Races	1,079	3.5
White; American Indian and Alaska Native [3]	48	0.2
White; Asian [3]	380	1.2
White; Black or African American [3]	237	0.8
White; Some Other Race [3]	156	0.5
Race alone or in combination with one or more other races: [4]		
White	20,081	66.0
Black or African American	4,776	15.7
American Indian and Alaska Native	243	0.8
Asian	4,383	14.4
Native Hawaiian and Other Pacific Islander	48	0.2
Some Other Race	2,074	6.8
HISPANIC OR LATINO		
Total population	30,413	100.0
Hispanic or Latino (of any race)	3,621	11.9
Mexican	470	1.5
Puerto Rican	246	0.8
Cuban	107	0.4
Other Hispanic or Latino [5]	2,798	9.2
Not Hispanic or Latino	26,792	88.1
HISPANIC OR LATINO AND RACE		
Total population	30,413	100.0
Hispanic or Latino	3,621	11.9
White alone	1,479	4.9
Black or African American alone	161	0.5
American Indian and Alaska Native alone	38	0.1
Asian alone	24	0.1
Native Hawaiian and Other Pacific Islander alone	6	0.0
Some Other Race alone	1,648	5.4
Two or More Races	265	0.9
Not Hispanic or Latino	26,792	88.1
White alone	17,691	58.2
Black or African American alone	4,188	13.8
American Indian and Alaska Native alone	50	0.2
Asian alone	3,853	12.7
Native Hawaiian and Other Pacific Islander alone	18	0.1
Some Other Race alone	178	0.6
Two or More Races	814	2.7
RELATIONSHIP		
Total population	30,413	100.0
In households	18,878	62.1
Householder	6,757	22.2
Spouse [6]	2,067	6.8
Child	2,972	9.8
Own child under 18 years	1,885	6.2
Other relatives	1,169	3.8
Under 18 years	339	1.1
65 years and over	129	0.4
Nonrelatives	5,913	19.4
Under 18 years	75	0.2
65 years and over	49	0.2
Unmarried partner	348	1.1
In group quarters	11,535	37.9
Institutionalized population	0	0.0
Male	0	0.0

Subject	Number	Percent
Female	0	0.0
Noninstitutionalized population	11,535	37.9
Male	5,971	19.6
Female	5,564	18.3
HOUSEHOLDS BY TYPE		
Total households	6,757	100.0
Family households (families) [7]	2,852	42.2
With own children under 18 years	1,055	15.6
Husband-wife family	2,067	30.6
With own children under 18 years	802	11.9
Male householder, no wife present	249	3.7
With own children under 18 years	70	1.0
Female householder, no husband present	536	7.9
With own children under 18 years	183	2.7
Nonfamily households [7]	3,905	57.8
Householder living alone	1,677	24.8
Male	843	12.5
65 years and over	151	2.2
Female	834	12.3
65 years and over	298	4.4
Households with individuals under 18 years	1,246	18.4
Households with individuals 65 years and over	1,195	17.7
Average household size	2.79	( X )
Average family size [7]	3.18	( X )
HOUSING OCCUPANCY		
Total housing units	8,212	100.0
Occupied housing units	6,757	82.3
Vacant housing units	1,455	17.7
For rent	715	8.7
Rented, not occupied	14	0.2
For sale only	87	1.1
Sold, not occupied	4	0.0
For seasonal, recreational, or occasional use	32	0.4
All other vacants	603	7.3
Homeowner vacancy rate (percent) [8]	2.7	( X )
Rental vacancy rate (percent) [9]	16.3	( X )
HOUSING TENURE		
Occupied housing units	6,757	100.0
Owner-occupied housing units	3,087	45.7
Population in owner-occupied housing units	8,689	( X )
Average household size of owner-occupied units	2.81	( X )
Renter-occupied housing units	3,670	54.3
Population in renter-occupied housing units	10,189	( X )
Average household size of renter-occupied units	2.78	( X )

X Not applicable.

[1] Other Asian alone, or two or more Asian categories.

[2] Other Pacific Islander alone, or two or more Native Hawaiian and Other Pacific Islander categories.

[3] One of the four most commonly reported multiple-race combinations nationwide in Census 2000.

[4] In combination with one or more of the other races listed. The six numbers may add to more than the total population, and the six percentages may add to more than 100 percent because individuals may report more than one race.

[5] This category is composed of people whose origins are from the Dominican Republic, Spain, and Spanish-speaking Central or South

American countries. It also includes general origin responses such as "Latino" or "Hispanic."

[6] "Spouse" represents spouse of the householder. It does not reflect all spouses in a household. Responses of "same-sex spouse" were edited during processing to "unmarried partner."

[7] "Family households" consist of a householder and one or more other people related to the householder by birth, marriage, or adoption. They do not include same-sex married couples even if the marriage was performed in a state issuing marriage certificates for same-sex couples. Same-sex couple households are included in the family households category if there is at least one additional person related to the householder by birth or adoption. Same-sex couple households with no relatives of the householder present are tabulated in nonfamily households. "Nonfamily households" consist of people living alone and households which do not have any members related to the householder.

[8] The homeowner vacancy rate is the proportion of the homeowner inventory that is vacant "for sale." It is computed by dividing the total number of vacant units "for sale only" by the sum of owner-occupied units, vacant units that are "for sale only," and vacant units that have been sold but not yet occupied; and then multiplying by 100.

[9] The rental vacancy rate is the proportion of the rental inventory that is vacant "for rent." It is computed by dividing the total number of vacant units "for rent" by the sum of the renter-occupied units, vacant units that are "for rent," and vacant units that have been rented but not yet occupied; and then multiplying by 100.

Source: U.S. Census Bureau, 2010 Census.

## APPENDIX C - AGING-IN-PLACE SURVEY & RESPONSES

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### AGING-IN-PLACE SURVEY

#### Q1 Are you...

Answered: 303 Skipped: 0

Answer Choices	Responses	
50 years of age or over	92.74%	281
Under age 50	7.26%	22
<b>Total</b>		<b>303</b>

## AGING-IN-PLACE SURVEY

**Q2 Do you have a disability?**

Answered: 303 Skipped: 0

Answer Choices	Responses	
Yes	27.39%	83
No	72.61%	220
<b>Total</b>		<b>303</b>

## AGING-IN-PLACE SURVEY

**Q3 What College Park Neighborhood do you live in (select one):**

Answered: 295 Skipped: 8

Answer Choices	Responses
College Park Woods or Crystal Springs	13.56% 40
North College Park (Hollywood, Sunnyside, Daniel's Park)	42.03% 124
Autoville or Cherry Hill	2.71% 8
Berwyn, Branchville or Lakeland	16.27% 48
College Park Estates or Yarrow	5.08% 15
Old Town, Calvert Hills or Lord Calvert Manor	11.86% 35
Camden/Wynfield Park	0.00% 0
Don't Know	8.47% 25
<b>Total Respondents: 295</b>	

#	Other (please specify)	Date
1	Attick Towers	8/11/2015 9:59 AM
2	Oak Springs	8/11/2015 9:50 AM
3	Attick Towers	8/11/2015 9:47 AM
4	Spellman House	8/11/2015 9:41 AM
5	Spellman House	8/11/2015 9:40 AM
6	Spellman House	8/11/2015 9:39 AM
7	Oak Springs	8/11/2015 9:37 AM
8	Around the corner from College Pk Methodist Church on Rhode Island Ave	8/10/2015 3:56 PM
9	Crystal Springs	8/10/2015 3:50 PM
10	Oak Springs	8/10/2015 3:38 PM
11	yard work	8/10/2015 2:38 PM
12	Hollywood	6/11/2015 12:54 PM
13	Oak Springs	5/13/2015 9:47 AM
14	Oak Springs	4/22/2015 6:40 AM
15	University Park	4/21/2015 8:28 PM
16	Locust Spring'	4/21/2015 10:52 AM
17	Oak Springs	4/20/2015 9:47 AM
18	University Park	4/20/2015 9:16 AM
19	College Heights Estates next to University Park	4/20/2015 9:01 AM

## AGING-IN-PLACE SURVEY

**Q4 What types of services would help you stay in your home? Check all that apply.**

Answered: 214 Skipped: 89

Answer Choices	Responses
Transportation to Doctor Appointments	61.21% 131
Transportation Other	54.21% 116
Help with Housework	58.41% 125
Meals	21.96% 47
Social Activities	41.12% 88
Personal Care	23.83% 51
Help with Correspondence/Mail	14.95% 32
Safety Assessment of House	27.10% 58
Phone Calls to See How You're Doing	33.64% 72
Pet Assistance	22.43% 48
<b>Total Respondents: 214</b>	

#	Other (please specify)	Date
1	Larger unit parking	8/11/2015 10:00 AM
2	Help with yard work	8/11/2015 9:54 AM
3	My children come by and help me with home repairs, mail, bills, groceries and cleaning	8/11/2015 9:37 AM
4	general help	8/11/2015 9:30 AM
5	A lot more	8/11/2015 9:17 AM
6	Yard work (weeds)	8/10/2015 4:20 PM
7	Groceries	8/10/2015 3:58 PM
8	Not Yet But Could Be LAtEr	8/10/2015 3:52 PM
9	I'm able to do all that was checked at the present time but might need help in the future(when I get old)	8/10/2015 3:39 PM
10	More nourishing meals from meals on wheels, bills that should be smaller since I am blind in one eye. How to get discounts because I ma disabled.	8/10/2015 3:17 PM
11	Yard work	8/10/2015 3:14 PM
12	nothing at this time	8/10/2015 3:11 PM
13	Handyman for mowing lawn, small jobs that might require heavy lifting or reaching up high or down low or behind something.	8/10/2015 2:50 PM
14	Lawn care, snow removal, handyman work	8/10/2015 2:25 PM
15	help with home improvements	8/10/2015 2:18 PM
16	Getting trash/recycle to curb for pickup	8/10/2015 1:54 PM
17	Ramp	8/10/2015 1:50 PM

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## AGING-IN-PLACE SURVEY

18	Reliable/Expert in all kinds of home repairs	8/10/2015 1:39 PM
19	Good local entertainmentaurants and res	7/4/2015 6:08 PM
20	possible transportation but not really there yet.	6/11/2015 10:39 PM
21	facilities, information, protection, and help for Dementia & Alzheimer's sufferers	6/11/2015 9:45 AM
22	Lawn Care	5/29/2015 3:02 PM
23	no need at this time...all above perhaps when time comes	5/15/2015 2:59 PM
24	lower taxes for fixed income	5/15/2015 11:01 AM
25	no needs now, thinking of possible future needs	5/12/2015 9:47 PM
26	not in need of these services at the moment...hope it will be many more years before I need them	5/3/2015 2:39 PM
27	I'm fine at this time. My husband is still living.	5/3/2015 10:42 AM
28	Being able to create an separate apartment for myself and rent rest of house	5/2/2015 9:43 PM
29	Someone always available to do physical work, For example shovel snow, clean gutters 2-3 times a year, heavy lifting for yard work, cut grass, etc. Not asking for free but when I need it done.	4/29/2015 9:04 PM
30	More social activities	4/26/2015 11:05 PM
31	I do not need anything now - may need some in future - not sure how to answer this - currently take dog to a kennel	4/22/2015 9:15 PM
32	help with house maintenance; need access to competent trustworthy individuals	4/22/2015 5:29 PM
33	technology assistance	4/22/2015 11:13 AM
34	am trying to give the help listed to who needs it am a cna nurse	4/22/2015 9:52 AM
35	Snow removal	4/22/2015 6:40 AM
36	doing well now--checked items that may be useful later	4/21/2015 8:08 PM
37	Not sure yet since I am 63 and working	4/21/2015 5:51 PM
38	lower taxes	4/21/2015 4:46 PM
39	Not needed at this point and difficult to project	4/21/2015 12:47 PM
40	Police present in the neighborhood	4/21/2015 9:41 AM
41	Snow removal	4/21/2015 7:37 AM
42	help with yard work	4/20/2015 10:28 PM
43	lawn care, library materials delivered, groceries delivered	4/20/2015 7:51 PM
44	None	4/20/2015 7:40 PM
45	Help with medical bills and insurance claims	4/20/2015 12:13 PM
46	House and yard maintenance. [Also, see end comment.]	4/20/2015 10:32 AM
47	I am ok at the moment but, if I couldn't drive, I couldn't stay in my home	4/20/2015 10:27 AM
48	Don't need any at this time.	4/20/2015 10:12 AM
49	yard work	4/20/2015 9:50 AM
50	snow shoveling, getting groceries/heavy items moved	4/20/2015 9:48 AM
51	None. I fully intend to get out of here/.	4/20/2015 9:15 AM
52	none of the above	4/20/2015 8:47 AM
53	My husband and I are still employed full-time so we are not taking advantage of these services yet. However, this is a comprehensive list of services. Thank you.	4/20/2015 8:46 AM

## AGING-IN-PLACE SURVEY

54	shoveling and moving heavy furniture	4/20/2015 8:27 AM
55	help with yard work	4/20/2015 8:27 AM
56	None at this point, but future may hold needs...	4/18/2015 3:33 PM
57	Information on how to modify a 3-story home. I don't need it yet, but I will in the future and I want to be prepared. All that I checked above is not for now, but in the future.	4/18/2015 1:50 PM
58	Help with yardwork, exercise classes for seniors	4/18/2015 7:31 AM
59	only guessing at this point. Transportation KEY	4/17/2015 11:24 PM
60	Have someone available to do misc. projects at my house. Like snow shoveling, cleaning gutter 2x a year, checking roof, cut grass, etc.	4/17/2015 2:38 PM
61	I currently have help, but if I didn't I would need help with most of the items on the list.	4/16/2015 5:36 PM
62	Help with outside home maintenance (yard, painting)	4/16/2015 3:24 PM
63	How to apply for food stamps, etc. tax credits	4/16/2015 12:02 PM
64	Not old enough to think about it yet. At 59, still mobile.	4/15/2015 2:28 PM
65	I do not need help now but may in the future. I will be 65 in December, and I believe at some future time I might need help with things like snow removal, yard work or gutter cleaning.	4/15/2015 12:55 PM
66	This is in case some thing should happen to me my wife would be alone and is handycap	4/15/2015 9:34 AM
67	Legal help	4/15/2015 9:21 AM
68	Nursing home in the neighborhood where we can stay close to our homes and children.	4/15/2015 8:54 AM
69	help with yard work	4/15/2015 7:43 AM
70	Yard care	4/15/2015 5:30 AM
71	Have a list of persons who would clean gutters, shovel snow, yard work, etc.	4/14/2015 10:06 PM
72	I amok with all these but I would be willing to help	4/14/2015 9:12 PM
73	Don't need any help just yet.	4/14/2015 8:09 PM

## AGING-IN-PLACE SURVEY

**Q5 Would you like to engage in more social activities?**

Answered: 258 Skipped: 45

Answer Choices	Responses	
Yes	48.84%	126
No	51.16%	132
<b>Total</b>		<b>258</b>

#	If you answered yes, what activities would you like to do?	Date
1	craft or knitting group	8/11/2015 9:54 AM
2	musicians, singers, dancers, bingo	8/11/2015 9:47 AM
3	Visiting those in need, planting flowers, hear singing and dancing, various exercises. Some are already being done. ( learn theatre act)	8/11/2015 9:43 AM
4	Spiritual Activities	8/11/2015 9:39 AM
5	maybe	8/11/2015 9:33 AM
6	Interact with neighbors more	8/11/2015 9:31 AM
7	Trips to beaches and casinos	8/11/2015 9:25 AM
8	Play Bingo	8/11/2015 9:19 AM
9	Additional Senior Trips	8/10/2015 4:28 PM
10	exercise classes and great decision discussion groups	8/10/2015 4:15 PM
11	Bingo, swimming and place you can get together for meals.	8/10/2015 4:13 PM
12	gardening, crocheting, sewing and volunteering	8/10/2015 4:07 PM
13	Card playing, games and light exercise	8/10/2015 4:06 PM
14	Enjoy trips to see shows but wheel chair is not able to get on bus.	8/10/2015 4:00 PM
15	Going on a couple of trips coming in September Religious Musicals	8/10/2015 3:57 PM
16	Bingo, luncheons, or any other activities that do not require a lot of walking	8/10/2015 3:47 PM
17	Social Gatherings	8/10/2015 3:45 PM
18	Game day or night, dances	8/10/2015 3:28 PM
19	I would like to know what is going on for Seniors	8/10/2015 3:20 PM
20	Bingo, Dancing, walking, card games, sing alongs, plays, pot lucks	8/10/2015 3:18 PM
21	Seniors Outings	8/10/2015 3:10 PM
22	Playing cards, going to musical events (concerts, plays) during the day light hours and book discussion, day trips to interesting places around the Metro Area or beyond.	8/10/2015 2:53 PM
23	Pot Luck, social gatherings, line dancing, exercise groups, computer classes	8/10/2015 2:26 PM
24	Going to theatre, bingo and day trips	8/10/2015 2:19 PM
25	One day trips	8/10/2015 2:14 PM
26	Shopping, travel, personal and social plays of interest and culture, cheaper swimming club rates.	8/10/2015 2:04 PM
27	Interact with others, trips, outings	8/10/2015 1:55 PM

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## AGING-IN-PLACE SURVEY

28	Going to church, walking at the park, visiting mall, seeing a movie.	8/10/2015 1:52 PM
29	Socializing	8/10/2015 1:48 PM
30	Exercises	8/10/2015 1:45 PM
31	Day trips are great. Also, swimming pool(water walking)/exercise for seniors	8/10/2015 1:40 PM
32	Social activities, shopping and bingo	8/10/2015 1:33 PM
33	Local Live Music venue, Local outdoor roots music festival	7/4/2015 6:10 PM
34	Casual get togethers like pot lucks, craft lessons, playing music with other old musicians just for fun, .	6/11/2015 10:14 AM
35	activities with my peers to stave off loneliness and foster a sense of community, safe, monitored activities for Dementia and Alzheimer's patients	6/11/2015 9:46 AM
36	Crocheting, knitting, painting, sculpturing in clay, sewing classes	5/30/2015 8:09 PM
37	games, dances, concerts, etc.	5/28/2015 12:28 PM
38	Open for suggestions	5/26/2015 11:02 PM
39	Exercise class Day trips	5/15/2015 11:14 AM
40	Games	5/14/2015 11:20 AM
41	exercise/yoga	5/13/2015 9:48 AM
42	Creativty activities-how to: paint, knit, crochet, sculpture, cook diabetic meals, deep water excersize, recycle/refurbish items/furniture.	5/3/2015 4:23 PM
43	Bingo, trips	4/30/2015 11:54 AM
44	Have my own social life. Don't need to sit with abunch of old biddies in a room.	4/29/2015 9:06 PM
45	GENEALOGY MEETINGS, TOURS OF MUSEUMS	4/28/2015 2:45 PM
46	Exercise classes, get togethers	4/26/2015 11:05 PM
47	Evening exercise such as yoga, walking groups	4/24/2015 2:42 PM
48	My activities are outside of College Park. I do not necessarily want to do activities with neighbors. I belong to some groups that have a focus such as gardening. I like to pick and choose my social activities from a variety of areas. Not sure what is intended by this question.	4/22/2015 9:17 PM
49	aerobic	4/22/2015 9:53 AM
50	Seated Yoga, knit and crochet group in North College Park	4/22/2015 6:42 AM
51	1) converse about aging and its challenges 2) outings 3) misc. get-togethers to interact	4/21/2015 8:30 PM
52	Book club, singing group, potentially some biking group	4/21/2015 5:52 PM
53	It's hard to know what I'm going to want to do when I'm older!	4/21/2015 8:45 AM
54	I go to exercise classes Mondays and Wednesdays in Glenn Dale. We don't have classes on Thursdays and Fridays, and I would like to attend classes on those days, also.	4/20/2015 9:18 PM
55	Outings to shows, blick parties, game night in accessible venues	4/20/2015 8:47 PM
56	cycling, dating, bowling, parties	4/20/2015 7:51 PM
57	interaction with active older adults	4/20/2015 3:05 PM
58	Card games especially bridge.	4/20/2015 1:25 PM
59	Group outings with like-minded seniors	4/20/2015 12:46 PM
60	Biking, exercise, volunteering	4/20/2015 11:37 AM
61	Cards, games, watching sports.	4/20/2015 10:45 AM
62	Plays, concerts, recitals and other arts activities at UMD, DC or Baltimore. Museums and farmers markets.	4/20/2015 10:33 AM

## AGING-IN-PLACE SURVEY

63	Nothing yet but as I get older, I can see being lonely.	4/20/2015 10:28 AM
64	My social calendar is overflowing already.	4/20/2015 10:13 AM
65	craft club, yoga for seniors, pot lucks, short day trips	4/20/2015 9:55 AM
66	educational, physical exercise, entertaining	4/20/2015 9:49 AM
67	But that's just me.	4/20/2015 9:43 AM
68	Something simple and easy, not too difficult that keeps me active. May a walk with folks my age, simple and easy... Maybe a very light aerobics class., with getting up from a chair type of exercises. Maybe even something to keep the brain active and engaged. Like card games or video challenges for folks over 50, not video games like kids play... A way for folks 50 or over to interact with each other	4/20/2015 9:31 AM
69	Outings, book clubs, entertainment, museum tours, speakers	4/20/2015 9:24 AM
70	more with the university	4/20/2015 9:10 AM
71	adult day care, I'm completely mobile at 92	4/20/2015 9:07 AM
72	aqua aerobics, walking group at Lake Artemesia	4/20/2015 9:05 AM
73	Relaxed opportunities to meet people in small groups and chat before figuring out what to do	4/20/2015 9:02 AM
74	Book club, gardening,	4/20/2015 9:00 AM
75	Contract Bridge, light physical workout	4/20/2015 8:55 AM
76	Take care as a baby sit to other	4/20/2015 8:37 AM
77	Excursions to local and regional parks for nature walks, bird watching, etc.	4/20/2015 8:29 AM
78	Anything, just want to have friends in the area.	4/20/2015 8:24 AM
79	crafts	4/20/2015 8:15 AM
80	book discussions, coffee groups, wine tastings,	4/19/2015 8:30 PM
81	classes at UMD-literature, art history, day trips	4/19/2015 4:17 PM
82	Not yet, but in the future.	4/18/2015 1:50 PM
83	Not at this stage of my life when I am able, but activities that I think enhance living in the community include The Clarice, lectures and classes (UM or others), day trips, book club, volunteer opportunities.	4/18/2015 11:52 AM
84	Exercise classes for seniors	4/18/2015 7:32 AM
85	I have a full social life. Do not need the City to help me find friends.	4/17/2015 2:39 PM
86	trip to art gallery, movies, shows	4/16/2015 12:03 PM
87	Dining movies	4/15/2015 3:05 PM
88	Museum day trips-such as the Smithsonian/Baltimore's Walter Gallery, UMD or AU's Kogod Gallery shows; movie nights at Greenbelt Theater. Dinner out tours in DC/Annapolis/Baltimore, CP Day at National Stadium or Camden Yards. Of course participants would be responsible for field trip expenses.	4/15/2015 11:43 AM
89	exercise, socialize with peers, travel, dancing, shopping	4/15/2015 10:32 AM
90	Coffees. Discussion groups. Dances	4/15/2015 9:21 AM
91	Mobile medical facilities that can visit home and neighborhood.	4/15/2015 8:55 AM
92	"No" not because I'm anti-social but because I already have more than I can participate in!	4/15/2015 8:12 AM
93	gardening	4/15/2015 7:38 AM
94	Church	4/15/2015 5:30 AM
95	Music, crafts, gardening, games	4/14/2015 11:31 PM
96	Socials with coffee and dessert, or gathering to play cards, games, have group dinners or lunches.	4/14/2015 10:14 PM

## AGING-IN-PLACE SURVEY

97	Bingo day trips	4/14/2015 10:05 PM
98	Related to physical fitness	4/14/2015 9:47 PM
99	Crocheting and knitting	4/14/2015 9:12 PM
100	Not sure, what do you have?	4/14/2015 8:09 PM

## AGING-IN-PLACE SURVEY

## Q6 As you age, would you rather?

Answered: 262 Skipped: 41

Answer Choices	Responses	
Stay in your College Park home as long as possible	88.17%	231
Live with family	3.05%	8
Move to a retirement community	8.78%	23
<b>Total</b>		<b>262</b>

#	Please tell us more about your answer.	Date
1	We enjoy our home and neighborhood.	8/11/2015 10:05 AM
2	Building it too old, needs to be upgraded.	8/11/2015 10:00 AM
3	My single family home will become too large and too much to worry about when I no longer have pets.	8/11/2015 9:55 AM
4	It is my belief that you're more content staying were you have lived for the better part of your life (around friends)	8/11/2015 9:51 AM
5	I need a change in my life with people my age 70 years and older	8/11/2015 9:49 AM
6	I love humanity just like Christ loved us (agape)	8/11/2015 9:44 AM
7	I want to stay in my apartment	8/11/2015 9:41 AM
8	I been here all my life. I wouldn't want to go anywhere else.	8/11/2015 9:38 AM
9	My family is here. I love College Park	8/11/2015 9:34 AM
10	Move elsewhere. Quality of social life in neighborhood not great. Some neighbors are not great (friendly/helpful)	8/11/2015 9:32 AM
11	I plan to move to a retirement community before I can afford a good one and I want to go where I have company, care when I need it and a community around me.	8/11/2015 9:28 AM
12	The last thing I would want to do is move to a retirement community.	8/11/2015 9:19 AM
13	Home Sweet Home, More Comfortable	8/11/2015 9:18 AM
14	I lived here most of my life. I was a young child and the home was owned by the Snyers. There was know park, side streets nor grass at this home, only street was in front of the home. There was street cars. My last name was Lahman. It was my home town.	8/11/2015 9:08 AM
15	Happy to stay in my own home.	8/10/2015 4:28 PM
16	I love this area.	8/10/2015 4:25 PM
17	I was reared in this community and now I am 83 years old, so I would like to continue my days until death.	8/10/2015 4:23 PM
18	We are use to living here and have friends here.	8/10/2015 4:20 PM
19	I have muscular degeneration and know children or husband, so I will sell beach home and home in College Park and move into Riverwood eventually.	8/10/2015 4:17 PM
20	I am in good health and able to work out doors and also in the house	8/10/2015 4:10 PM
21	It is a smart place to live	8/10/2015 4:08 PM
22	I like my neighborhood and my home	8/10/2015 4:06 PM
23	Did not know there was a group of seniors avoidable. Are all options for #7 available?	8/10/2015 4:01 PM
24	I would like to stay in my home for as long as possible	8/10/2015 3:54 PM
25	We are coping now	8/10/2015 3:52 PM

## AGING-IN-PLACE SURVEY

26	too many rentals	8/10/2015 3:50 PM
27	Stay as independent as long as we can.	8/10/2015 3:48 PM
28	I love my home and would want to continue to live here	8/10/2015 3:45 PM
29	Love C.P. Lived here since 1940. I want to stay in my home as long as possible.	8/10/2015 3:42 PM
30	There is no place like home-been here for 51 years	8/10/2015 3:39 PM
31	I prefer to be in my home at this time.	8/10/2015 3:35 PM
32	Most of necessary conveniences are here	8/10/2015 3:32 PM
33	No place like home, you know your place	8/10/2015 3:31 PM
34	My home is paid for and well built unlike new properties	8/10/2015 3:29 PM
35	Don't like change	8/10/2015 3:26 PM
36	I love my house and would like to stay as long as I can	8/10/2015 3:24 PM
37	I want to stay in my house of 44years as long as I can.	8/10/2015 3:21 PM
38	I like my home and my neighbors. As long as I am healthy, I like living alone.	8/10/2015 3:19 PM
39	I'm happy here and don't want to live with family.	8/10/2015 3:12 PM
40	I am 80yrs old, recently widowed. My husband and I moved to College Park in 1958and have raised our family here. I love our neighborhood and have nice neighbors. My sons love our property as much as I do (on a hill, above the airport) I like College Park's City Government, close to the University, ST. Andrews, Episcopal Church, the Farmers Markets, beautiful neighborhood. The closeness to Lake Artemesia Park, and walking paths and woods.	8/10/2015 2:58 PM
41	I have lived in my house for 47 years. I wish to remain there.	8/10/2015 2:44 PM
42	I want to live with other retirees and be near to my oldest son and three grandchildren I do not like living in a 5 bedroom house by myself.	8/10/2015 2:36 PM
43	Better to stay independent as long as possible	8/10/2015 2:27 PM
44	We love our home.	8/10/2015 2:19 PM
45	I am happy and my children help me out a lot.	8/10/2015 2:16 PM
46	I like my home, College Park, my church and friends.	8/10/2015 2:15 PM
47	I would like to live in a place where they care more about home owners than developers where trees, clean air and low noise is appreciated.	8/10/2015 2:08 PM
48	I'll leave this decision to God.	8/10/2015 2:05 PM
49	That is what I would like to do.	8/10/2015 2:01 PM
50	Independent living is important. Not being able to manage in a two story house would be my only reason to move.	8/10/2015 1:56 PM
51	Its home, comfortable, self reliant as long as possible.	8/10/2015 1:52 PM
52	I'm staying home in College Park and my family lives with me and takes good care of me.	8/10/2015 1:49 PM
53	I think most people like to feel they want to be independent as long as possible.	8/10/2015 1:41 PM
54	I love my family and would like to stay with them as long as I am able.	8/10/2015 1:34 PM
55	Not sure I can stay here with the future threat of higher property taxes	6/11/2015 10:40 PM
56	Family lives too far away. Retirement communities are too expensive.	6/11/2015 10:16 AM
57	i'd like to stay in my home for a long as possible and then move to a retirement community, one that understands the challenges of modern aging and the complications that happen now and will happen in the future.	6/11/2015 9:47 AM
58	However, Maryland is an extremely high-tax state, and the PG County Executive wants to raise property taxes against the people's vote. Not sure I want to retire in this state and county...	6/9/2015 6:11 AM

## AGING-IN-PLACE SURVEY

59	Thoughts are to move to a more tax friendly state.	5/29/2015 3:03 PM
60	our plans are to age in place here as long we can do independently and safely	5/28/2015 10:37 PM
61	I've been here since 1983 and have tailored my house to the needs of my wife and I. The area is convenient (except for the traffic) and we really prefer not to move due to cost (taxes, etc.)	5/28/2015 12:31 PM
62	As long as we are able to maintain the house & garden in good order, as well as navigate the stairs we would prefer to remain in our home.	5/12/2015 9:49 PM
63	Unfortunately we probably won't be able to as there are too many steps. We are considering altering the way we use the house to facilitate less dependence on the stairs.	5/11/2015 5:44 PM
64	I like me house and the setting. Stairs and up keep will be the problems. Most difficult snow removal	5/3/2015 2:40 PM
65	Want someone else to take care of heavy work that goes with a house, want to live in someplace on 1 floor and people my own age group	4/29/2015 9:06 PM
66	I enjoy being an active part of my neighborhood and having friends here. I intend to be INDEPENDENT as long as the Good Lord allows. I'm very happy here.	4/28/2015 2:48 PM
67	I enjoy my home and neighborhood and see no good reason to leave at this time.	4/24/2015 2:42 PM
68	Not sure where I would move. Many factors. I would like to be located conveniently near things I need to live my life independently. If I have to stop driving or could not maintain or physically go up and down stairs I would move somewhere else that offered me the ability to live on my own and have access to recreation, food sources and activities..	4/22/2015 9:23 PM
69	Like the location and ease of access to multiple transportation options.	4/22/2015 5:30 PM
70	If transportation to shopping and doctor's appointments was easier I'd like to stay in College Park. I've lived here most of my life. It would be nice if we had more senior housing for independent living(reasonable rent)	4/22/2015 6:45 AM
71	Want to have some control of surroundings, also ability to stay active/challenge myself physically and mentally.	4/21/2015 9:22 PM
72	Aging in place seems the best reasonable option....until something else is necessary.	4/21/2015 8:31 PM
73	I value my independence and don't want to live with a big group.	4/21/2015 1:16 PM
74	It seems that taxes will be prohibitive and will need to leave for that reason.	4/21/2015 12:48 PM
75	I'd like to stay in my house but there would need to be significant supports in place, particularly given that College Park Woods is a "food desert" and no services are easily reachable except by car.	4/21/2015 8:47 AM
76	Love my house, love College Park.	4/20/2015 10:30 PM
77	Would be nice to see College Park to have a retirement community	4/20/2015 9:43 PM
78	As long as I am able and in good health, I want to stay in my home. If health is a factor, then I would live with son.	4/20/2015 9:20 PM
79	Staying in College Park may not be an option without significant interior adjustments. There are many steps inside our house and it is increasingly difficult for me to manage them with my disability. We have not decided which one we will work toward.	4/20/2015 3:44 PM
80	I would rather sell my house and make a killing because it is so valuable and then go somewhere with a constant temperature and play tennis everyday.	4/20/2015 1:37 PM
81	I hope to stay in CP awhile longer. Then I want to sell my house and move into a high-rise in an urban area. It is increasingly difficult to maintain a large yard. With my decreased ability to drive, it is difficult to get to DC or Baltimore. CP does not have enough of a pedestrian-friendly environment, especially in North CP. As I age with a disability I want to be in a pedestrian-friendly area with diverse shops and restaurants.	4/20/2015 1:29 PM
82	I like the cultural aspects of College Park and convenience of public transportation.	4/20/2015 11:10 AM
83	I would be tempted by a retirement community if problems with student rentals occur near me again and/or large, loud parties in our park are not controlled. Right now we want to stay near family in UP, Metro, and interests at UMD and DC---but we will need to renovate for one-level living!	4/20/2015 10:34 AM
84	I have no family with whom to live. I can make a rental area a first floor bedroom when and if it becomes necessary.	4/20/2015 10:13 AM

## AGING-IN-PLACE SURVEY

85	I like my house. I would like to stay in my house.	4/20/2015 10:12 AM
86	Retirement communities are more expensive than we can afford and there is no close family.	4/20/2015 9:57 AM
87	friends and family are near CP	4/20/2015 9:49 AM
88	My home is in College Park, I have lived here for more then 40 years. It is the home we saved for and brought soon after we got married, we raised my kids in this house. At holidays the kids and grandchildren come to my house and it is their home too, at least for a few days... Everyone gets to sleep in their old bedroom and each of my children gets to pass their toys from the attic down to my grandchildren. It is just a special place to myself and my family.	4/20/2015 9:34 AM
89	Move out of the State of Maryland	4/20/2015 9:15 AM
90	planned community with pool etc.	4/20/2015 9:11 AM
91	I am single and don't have any family, so I hope to move to a continuing care community where care is available as I need it.	4/20/2015 8:50 AM
92	My husband wants to stay here, so we will stay for now.	4/20/2015 8:25 AM
93	would need more support with lawn maintenance, inside painting	4/19/2015 4:18 PM
94	Traffic on US-1 makes driving difficult. Care of snow removal, etc., also makes home ownership more difficult for us seniors.	4/18/2015 3:35 PM
95	I would prefer to stay in my home if I can. Right now I am fine - and so is my husband - but we are likely to need help in the future.	4/18/2015 1:51 PM
96	Our home is rather low maintenance, by design, and we have updated it several times, installed better lighting, grab bars, etc. and it is paid for. I like living in an intergenerational environment. New living accommodations and the cost of moving are so expensive as to be almost unaffordable. When Whole Foods opens, I can walk to everything I need and want, including university activities and offerings.	4/18/2015 11:55 AM
97	Would depend entirely on mobility, health, mental status, et al. Current home could accommodate live-in care, if needed.	4/17/2015 11:25 PM
98	I do not have to worry about maintaing a home. Sell my home and buy into a senior community where all I have to worry about is what am I going to do today.	4/17/2015 2:43 PM
99	I would like to stay in my home, but I may need to live with my children when I can't take care of myself any longer.	4/16/2015 10:43 PM
100	I love my community & my home.	4/16/2015 5:37 PM
101	My husband died a year ago and funds are dwindling. Trying to figure out if I have to move. Love my neighborhood and home of 41 years.	4/16/2015 12:04 PM
102	assistance with laundry, grocery shopping, household cleaning, changing sheets, assistance with meals	4/15/2015 8:49 PM
103	I have a lot of friends here. I also have some of the best doctors in this area if not the whole country	4/15/2015 3:08 PM
104	We intend to remain indepentent as long as possible. Currently, as we assist aging/disabled family members, We are struck by the lack of a social community outreach program. More than "Meals on Wheels", or an bingo gathering. And, how about accepting senior citizen into classes at UMD? I would gladly pay to take a class for the enjoyment of learning and the experience of listening.	4/15/2015 11:58 AM
105	i'd like to be as independent as possible for as long as possible and then move to a retirement community only when i cannot live alone	4/15/2015 10:33 AM
106	However this is not possible due to poor quality govt	4/15/2015 9:22 AM
107	Retirement community shall be the houses in the neighborhood we live.	4/15/2015 8:56 AM
108	Familiarity counts for a lot in thinking about the future - accessibility would be the majjor concern (multi-story house).	4/15/2015 7:46 AM
109	Don't know if I could afford this. But if taxes continue to increase in this county it will be something I have to consider	4/15/2015 7:38 AM
110	No mortgage, used to the community, everything within a 5 mile radius.	4/15/2015 5:31 AM

## AGING-IN-PLACE SURVEY

111	Do not have to worry about maintaining home, yard, etc. At 70+ years not interested in worrying about these issues.	4/14/2015 10:08 PM
112	Move to a safer, quieter environment	4/14/2015 9:51 PM
113	I feel that living with strangers or in a retirement community can be very stressful as all the things one is accustomed to are gone.	4/14/2015 9:50 PM
114	Neither of the above, I plan to move from the CP area after retirement, love my neighbors but don't see myself living here surrounded by college students	4/14/2015 8:50 PM
115	Family is far away and I don't want to be warehoused until I die.	4/14/2015 8:10 PM

## AGING-IN-PLACE SURVEY

**Q7 How do you find out about County and City services available to you? Check all that apply.**

Answered: 249 Skipped: 54

Answer Choices	Responses	
City Cable Channel	14.46%	36
Call the City	20.08%	50
Church Bulletin	8.03%	20
City Hall Bulletin Board	3.61%	9
City Website	37.75%	94
Civic Groups	20.08%	50
College Park Connected	16.06%	40
Internet	41.37%	103
Diamondback	6.43%	16
Gazette/Municipal Scene	52.21%	130
Radio/TV	7.23%	18
City Resident Information Guide	32.13%	80
Word of Mouth	56.63%	141
<b>Total Respondents: 249</b>		

#	Other (please specify)	Date
1	Seniors Program	8/11/2015 9:47 AM
2	At Spellman House	8/11/2015 9:40 AM
3	to young at this point to be investigated	8/11/2015 9:29 AM
4	When they send letters	8/10/2015 4:23 PM
5	mail from Senior Programs	8/10/2015 4:17 PM
6	Adalene Barnes (mother)	8/10/2015 3:57 PM
7	Friend	8/10/2015 3:51 PM
8	Family Services	8/10/2015 3:33 PM
9	when I get one, most of the info in after the fact.	8/10/2015 3:15 PM
10	mailings	8/10/2015 3:11 PM
11	Meals on Wheels	8/10/2015 2:48 PM
12	Gazette/Municipal Scene doesnt deliver in my area	8/10/2015 2:45 PM
13	Good idea for church bulletin	8/10/2015 2:27 PM
14	talk to people on phone a lot to friends, co-workers and family	8/10/2015 2:17 PM

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## AGING-IN-PLACE SURVEY

15	City Counsel emails	8/10/2015 1:42 PM
16	My mother participated in activities	8/10/2015 1:35 PM
17	Neighbor who is on council	6/11/2015 10:41 PM
18	north-college-park@googlegroups.com	6/11/2015 12:56 PM
19	Listserv	6/11/2015 9:50 AM
20	a college park listserv	6/11/2015 9:48 AM
21	Emails from the City of College Park	6/9/2015 6:11 AM
22	Didn't know there were any	5/21/2015 8:41 AM
23	Nextdoor Berwyn	5/15/2015 3:00 PM
24	A newspaper similar to the one Greenbelt has would be wonderful!	5/15/2015 11:59 AM
25	Nextdoor, email	5/14/2015 11:20 AM
26	I retired from the Dept. of Aging and know all about the services available. I also belong to organizations slated with services to the elderly so am conversant with many avenues of meeting needs for myself and my husband.	5/11/2015 5:45 PM
27	I have lived here long enough that I know how services operate and when leaf season occurs, trash days, etc. Best services in the State	4/29/2015 9:08 PM
28	Our 2 great City Council members: FAZLUL KABIR & PATRICK WOJAHN. I'm in frequent contact with them via texting, phone calls or email.	4/28/2015 2:50 PM
29	No item above is a source dedicated to senior resources & services. Also I have not found a good source for senior info in PG county, nothing easily findable on the County website. Montgomery County has a Senior news Listser with events such as health fairs for seniors, a great guide available in all public libraries, published jointly by the County Dept of Aging and the Senior Beacon. Unclear why Diamondback is included since it is a student pub and not distributed to residents. I don't get info on county and city services from the Gazette but do get info on activities in general.	4/22/2015 9:33 PM
30	email list serve from north college park	4/22/2015 11:13 AM
31	Google List Serve	4/22/2015 6:46 AM
32	Neighborhood watch	4/21/2015 10:00 PM
33	Actually, I am over in University Park but I thought you still might be interested in the answers of somebody in this group.	4/21/2015 8:33 PM
34	north-college-park@googlegroups.com	4/21/2015 9:25 AM
35	Facebook, e-mails from county council member	4/21/2015 8:48 AM
36	North College Park Mailing list	4/20/2015 10:31 PM
37	Telephone Directory	4/20/2015 9:22 PM
38	email from councilman	4/20/2015 8:51 PM
39	I would like to see the brochures more widely distributed that describe the services available to College Park seniors.	4/20/2015 3:45 PM
40	My neighbors	4/20/2015 12:14 PM
41	By Internet, I mean the Calvert Hills-Old Town list serve	4/20/2015 10:34 AM
42	emails	4/20/2015 9:34 AM
43	I don't find out about services available to me	4/20/2015 9:15 AM
44	email	4/20/2015 9:11 AM
45	a 1/4 ly newsletter with events listed would help for seniors to join	4/20/2015 9:08 AM
46	Next Door North College Park website	4/20/2015 8:25 AM

## AGING-IN-PLACE SURVEY

47	Municipal scene email - the gazette is litter in my yard	4/20/2015 8:16 AM
48	CPW neighborhood watch	4/18/2015 9:36 AM
49	do not knoe	4/18/2015 2:57 AM
50	Berwyn News, NextDoor	4/16/2015 10:44 PM
51	email groups, nextdoor	4/15/2015 8:50 PM
52	Nextdoor.com	4/15/2015 4:36 PM
53	emails from my city council members	4/15/2015 2:30 PM
54	we do not have a computer I get emails like this one from my work my wife gets it through the gazette and is not computer literate	4/15/2015 9:37 AM
55	Neighborhood Watch emails	4/15/2015 5:31 AM

## AGING-IN-PLACE SURVEY

**Q8 Thank you for taking the time to answer these questions. Your responses are very helpful! Please provide additional comments below:**

Answered: 74 Skipped: 229

#	Responses	Date
1	So sorry to hear Gazette closed down. Prince George and College Park need a replacement	8/11/2015 10:04 AM
2	I like College Park and I will look at townhomes and apartments here that have good bus and Metro service when I am ready to move or downsize.	8/11/2015 9:56 AM
3	I thank the College Park Seniors Program for what they have already provided and additional programs will be appreciated. Thank you and God bless.	8/11/2015 9:45 AM
4	I get delicious food from Meals on Wheels. Im a diabetic. I have heart problems, high blood pressure, sometimes high blood sugar, now I have chronic kidney disease. Im on a low sodium diet. It can be controlled. I live alone so I wear a Life Alert Pendant. I have wonderful people check on me by phone or in person. I need someone to help me with housework but I cant pay them. Sometimes I get dizzy spells.	8/11/2015 9:13 AM
5	Since I don't drive, I would like the bus service on Metzerott Rd. returned to all day instead of the current morning only/afternoon only (no service during middle of the day)	8/10/2015 4:31 PM
6	I sometimes have Asthma during the Spring.	8/10/2015 4:26 PM
7	We need a Senior Center like one in Laurel with exercise and activities.	8/10/2015 4:18 PM
8	We need more activities for Seniors or shut-ins. I have 2 shut in as neighbors	8/10/2015 4:14 PM
9	I am fortunate to be able to take care of myself and able to drive.	8/10/2015 4:10 PM
10	I need wheel chair transport info. Would like to go on Senior Trips originally but needed care. Need someone to bring me and wheel chair to and from transport vehicle.	8/10/2015 4:04 PM
11	Currently enjoying Senior Day Trips (Past and Present)	8/10/2015 3:49 PM
12	What is this Call A Bus that I see on the road? Does it pertain to College Park residents.	8/10/2015 3:36 PM
13	Peggy Higgins-Director of Family Services has been very understanding and helpful.	8/10/2015 3:34 PM
14	Don't know yet	8/10/2015 3:27 PM
15	Housing that is for Seniors instead of apartments. We need senior centers similar to the one in Laurel.	8/10/2015 3:25 PM
16	A break in any raises in property taxes until property is sold. My sons live in Texas and Louisiana and cant get home often so I need someone trustworthy who does not charge a lot (I am on a fixed income Social Security) to mow the lawn when I need it and other odd jobs when needed, as well as someone to take care of the dog and cat when I would like to be away and possibly house sit. I am a limited driver (only locally) and during the day and good weather so transportation would be helpful. A list of honest, trustworthy, reasonably priced contractors (local if possible) for repairs to the house, or painters, window washers, etc. would be very helpful. I appreciate the city's interest in "Aging In Place" and thank you for conducting this survey.	8/10/2015 3:07 PM
17	I am moving to Georgia in June 2015 after living in College Park for 52 years. I am 95 years old	8/10/2015 2:37 PM
18	North College needs to be serviced by the Beltsville County Police Station. We are too far from Hyattsville. It takes police too long to get to our neighborhood. Beltsville is only a couple miles away. Please see if you can do something.	8/10/2015 2:31 PM
19	The community has an email group list that should be used to make announcements or notify residents of activities and seniors.	8/10/2015 2:22 PM
20	I need someone to help me dispose of toxic/hazardous materials, as well as 2 gallons of vegetable oil. I spent 1/4 of my income this year on plumbers to fix various leaking pipes. Do the city have a plumber on their payroll? Seniors on limited income, need help with trying to conserve water by fixing plumbing.	8/10/2015 2:12 PM

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## AGING-IN-PLACE SURVEY

21	Snow removal has become very difficult since breaking my wrist two years ago. About the time my block got sidewalks. I lived in house for 50+ years with no sidewalks and got sidewalks a couple of years ago.	8/10/2015 1:59 PM
22	I appreciate and grateful for rides to my doctors appointments. I no longer drive due to my conditions.	8/10/2015 1:37 PM
23	We need more entertainment for adults.	7/4/2015 6:12 PM
24	Don't know at what point I am going to give up car. 62 now, at perhaps 78. Might be more interested in senior bus at near that point.	6/11/2015 10:43 PM
25	please have aging seminars THAT ARE NOT DURING THE WORK DAY AND WITH WEB ACCESS/ARCHIVAL for those of us work and who need to get resources for our aging parents. it's nice that you have the workshops and seminars, but having them at 9 and 10 am on a work weekday is not rational. please have them at night, on the weekends, and with web access and playback so we can learn from them at a more reasonable fashion.	6/11/2015 9:51 AM
26	I feel as though our neighborhood, on the outskirts, is neglected by the city beautification and sustainability initiatives until someone wants to become elected.	5/29/2015 3:05 PM
27	I appreciate that the city is making the effort to improve the aesthetics of the commercial neighborhood (Hollywood area).	5/28/2015 12:34 PM
28	I feel this is just to give you information on how to get all the permanent/long time residents to move so the University will have complete control of the city.	5/21/2015 8:44 AM
29	Many people in this area find safety a great concern because we like to walk for exercise and traffic is not safe. On my street alone, I can sit on my front porch and watch people ,mostly student, not stop or even slow down at the stop signs. We do have a few children that live here and ride bikes, but safety is compromised. We also have many pedestrians because of metro station down the street.We have been lucky so far only one pedestrian hit, but one is too many. I feel many drivers think since we are slow neighborhood it is not necessary to stop or slow down because there is not much traffic. The one reason my grandchildren living with me do not attend public school is because there are no sidewalks.The children have to walk several blocks in the street to catch a bus. The drivers are not using safety awareness to pedestrians, even children.	5/15/2015 11:13 AM
30	As are many of the houses in this neighborhood, we have no 1st floor bathroom which would require us to move to a more age appropriate structure. We don't need it now, but looking ahead, this house might not be a good fit for us down the line, so we are forced to address that issue.	5/13/2015 7:43 AM
31	We like the idea of aging in place. While we don't need services now, we realize there may come a time when one or both of us will need help to stay in our home.	5/12/2015 9:51 PM
32	Who would PAY for any added services City could provide? My guess people like me since 1/2 our population pats no taxes and requires more dollars in services.	4/29/2015 9:11 PM
33	THANK YOU FOR MAKING COLLEGE PARK A REAL HOME TOWN! GOD BLESS!	4/28/2015 2:51 PM
34	Having a grocery and pharmacy within walking distance of home is very important. Also, walkable corridors & safe crosswalks across Rhode Island & other busy roads. I'm not brave enough to walk across Route 1.	4/24/2015 2:44 PM
35	Aging in place is a great concept. However, since College Park does not have a central gathering place such as in areas Greenbelt , Hyattsville, Silver Spring or Kensington, the fragmentation of College Park neighborhoods due to the placement of the University and roads such as Route 1 , East West Highway and University Blvd makes a city effort to be very difficult. Access to Metro, the Beltway, 95 are important to being able to get in and out of CP. Also, the lack of improvements to Rt. 1, minimal sidewalks, few decent shops, stores and restaurants as well as the traffic congestion school year in downtown College Park impede aging in place efforts, ex. difficult to attend cultural events at the Clarice Smith.	4/22/2015 9:42 PM
36	While the popular idea of aging in place seniors are of individuals who need physical help, the population of today has a different lifestyle than in the past and usually stay active beyond their 70's. A pressing need is replacement of service vendors who have retired or otherwise are no longer available. By this I mean, individuals who have been vetted, can be trusted not to take advantage, and are reasonably priced . . . someone who can do yard work, small repairs to a house, inside and out, a bit of painting, etc. It would be great if the city maintained a list for their residents so someone living on their own did not have to feel uneasy about finding replacements. Sometimes neighbors cannot help with this.	4/22/2015 5:38 PM
37	I am a certified nurse assistance and looking for work and would love to be of services I've work in nursing home, private duty, as well as with special needs since about 2004. my license is up to date. I may be reached at 301-326-1299 feel free to contact me anytime. Thank You April Jones	4/22/2015 9:59 AM

## AGING-IN-PLACE SURVEY

38	It's hard to get to the grocery stores without a car. The city has a van for seniors but it's hard to make arrangements with them because there is only one driver. Scheduling the van for a doctor's appointment is difficult. They book up too fast. Walking in the area is dangerous - lacks sidewalks in the neighborhoods. Walking along Rt. 1 or on Greenbelt Rd. is dangerous as the cars are going too fast and are too close to the sidewalk. If you make one misstep or if a driver swerves you're a goner. There needs to be a light at Rt. 1 and Cherokee St. so pedestrians can catch busses without risking their lives. I see people walking across Rt. 1 every day - they stand in the turning lane waiting for a break in the traffic. I can't cross Rt. 1 without a light so I can't utilize the buses I'd like to use to get around.	4/22/2015 7:04 AM
39	Would want to have access to listing of various service providers who have been vetted to assure that they aren't the types who take advantage of people compromised by age and ability.	4/21/2015 9:25 PM
40	Taxes in Maryland and Prince Georges county are very high relative to other communities. The state and county offers many services I do not need. The county government is very inefficient and appears to be corrupt. Citizens do not have effective representation because the government of College Park does not have authority over matters important to the future of the community. I will likely leave the community after retiring in the near future.	4/21/2015 4:55 PM
41	Currently all of our needs are being satisfied by our children.	4/21/2015 3:06 PM
42	My husband and I are in our 70s with only one son, as family. We have no close friends. I am concerned about death notices. I read and write, my husband does not. If I die first, he will be without communication. What services are available to him?	4/21/2015 9:38 AM
43	Even though I don't need services right now, my father just moved in with us, at least temporarily, and I'm signing up for more information because he may need it now. A caregiver support group would be nice.	4/21/2015 8:49 AM
44	More local jobs for Seniors would be very helpful. This is an expensive area for people who are retirement age.	4/21/2015 5:44 AM
45	I don't expect to need help for years yet. But when I do, I'll be glad if I can get it.	4/20/2015 10:33 PM
46	Provide phone number where problems could be fielded and addressed. Perhaps a central office much like they have in greenbelt.	4/20/2015 6:55 PM
47	I really don't think older people aging in place is good unless they contribute to the community.	4/20/2015 1:39 PM
48	Why has this taken so long?	4/20/2015 12:14 PM
49	If anything will cause me to leave in the future, it will more than likely be due to our high taxes (which look to go even higher in the not to distant future).	4/20/2015 11:40 AM
50	Re #4, these services are not needed now but would be in the future. But even now, I would love to have a list of young people or even adults in the neighborhood who are available for lawn mowing, yard care, and/or snow shoveling, for reasonable rates---and if updates to the list would be maintained. Re #5, I should know my neighbors better (as years ago when the children were young, and when I also spent time in the yard), but right now I have social outlets elsewhere.	4/20/2015 10:35 AM
51	Better sidewalks and safer bike paths (in terms of location, lighting, emergency call boxes, etc.) would make this a more livable community.	4/20/2015 10:34 AM
52	Residential neighborhood preservation, and the value of the needs and interests of its permanent residents is necessary for aging-in-place. If parts of the city are viewed as 'ripe for redevelopment' and the interests of permanent homeowners are not seen as important as the continued expansion of the university or other redevelopment projects, how will older people in College Park ever be able to retain their homes and age in place?	4/20/2015 10:13 AM
53	We have no problems yet, and can't really predict what we'll need when the time comes.	4/20/2015 10:02 AM
54	For the time being I am doing fine on my own. But later, hopefully many years from now if I am still alive, I will need services to stay in my home.	4/20/2015 9:59 AM
55	Why can't we have a local newspaper like Beltsville and Greenbelt? They carry lots of info on local events/services.	4/20/2015 9:51 AM
56	I hope your program will be as good as the Greenbelt Program. It is exciting that you are moving in that direction.	4/20/2015 9:25 AM
57	Thank you the city council members Patrick who always Email to me...	4/20/2015 8:51 AM
58	Biggest concerns: affordability of property taxes as we age, how to adapt home to our conditions as we become less mobile. Other option is to just move to a place that is very accessible, no stairs to climb, has service infrastructure, no yard to maintain, and medical staff on site.	4/20/2015 8:32 AM

## AGING-IN-PLACE SURVEY

59	I love the neighborhood, but it's declining. Trash everywhere!	4/20/2015 8:26 AM
60	Glad to see aging-in-place ideas beginning in College Park. Lists of service providers is an idea that many such "communities" develop, as well as informational programs on health for seniors.	4/18/2015 3:38 PM
61	My husband and I attended the recent Aging in Place program. We do not need senior services yet, but we anticipate needing them in the future if we are to stay in our home (College Park Woods). A problem already is walking up and down the stairs in our home, especially carrying laundry. Eventually we will need an elevator (perhaps a chair elevator on the stairs). We would like to have information on modifying our home to make it more accessible. We would also like to see planned inter-generational activities in College Park and in our community. I would be happy to spend some time helping students (all ages) with their school work. I am a retired professor (semi-retired sociologist) and I can, e.g., tutor math, reading, English, and studying for a GED.	4/18/2015 1:56 PM
62	We have at least 3 neighbors who do not have a computer. Could you please send me a few paper surveys to hand out?	4/18/2015 9:40 AM
63	Putting together a comprehensive Area Services and Resources Guide for seniors should be a priority. Also, the senior services presently available appears tied to Spellman House and Attick Towers. Doesn't seem generalized for all residents. It appears that the services presently available are inadequate for any but a small number of people. To advertise transportation and then have 3 buses and 1 driver is very misleading. Can only lead to misunderstanding and dissatisfaction.	4/17/2015 11:33 PM
64	I am over 70 years old and have lived in the City for over 40 years. However, there comes a time that you no longer want to worry about all the things that go with owning a home, little things become major worries for persons my age. I'm not sure if any of the committee members can relate to this because of their ages. I don't need ramps, walk-in tubs, etc. I'm looking to have someone else worry about repairs on a house and I can enjoy the freedom doing whatever I damn well please.	4/17/2015 2:55 PM
65	You did not even ask about sidewalks and having a walkable REAL grocery store. Those are my #1 priorities for aging in place.	4/16/2015 10:45 PM
66	It would help to have people available to help with odd jobs around the house & yard.\$	4/16/2015 5:40 PM
67	I want a library that is handicapped accessible. I have to go either to Beltsville or Greenbelt to use the Internet to print. This is not how it should be. I'm within walking distance of the current location, but I can't access it	4/15/2015 3:19 PM
68	Seniors should not be harassed with code enforcement nits. The verbal warning must be face to face with help offered to solve the problem. Dog barking and helicopters are large nuisances	4/15/2015 9:25 AM
69	Mobile vans equipped with blood test, minor health checkups, doctor in the city on call 24 hours. Few houses can be converted to nursing home. City shall allow neighborhood residents to start retirement and nursing homes. This will allow more Tax to the city and residents can enjoy living in the nursing home not far from their own homes.	4/15/2015 9:00 AM
70	Commendable initiative - aging in place is desirable, and unfortunately the only option for many. Community interest and involvement will go a long way to making this concept possible.	4/15/2015 7:48 AM
71	As stated earlier the proposed increase in property taxes would make living in P.G county more and more difficult to afford. Therefore I would have to consider moving elsewhere.	4/15/2015 7:40 AM
72	My social life is fine. Family not close by & worrying about taking care of home is not something I want to wish to continue.	4/14/2015 10:11 PM
73	Help may be needed to redesign a two-story house into one lower-level living area to avoid using stairs: 10,000 Americans die from falling off their own stairs at home.	4/14/2015 9:55 PM
74	I am ok with my age, not that old. But I am willing to help someone who needs it.	4/14/2015 9:14 PM

AGING-IN-PLACE SURVEY

**Q9 You may return this survey anonymously or provide your contact and other information below (check box below):**

Answered: 247 Skipped: 56

Answer Choices	Responses
I wish to remain anonymous	60.73% 150
Please add me to the City's Senior Program Mailing List to receive ongoing information about City-sponsored services and events	42.91% 106
<b>Total Respondents: 247</b>	

## APPENDIX D - UNMET NEEDS

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### **City Staff-provided Common Unmet College Park Senior Requests**

#### **Transportation Requests**

City transportation is provided Monday through Friday between the hours of 8:30 a.m. and 4:00 p.m. primarily to the grocery store/mall and doctor's appointments. This includes twice a week transportation for grocery/mall for residents of both Attick Towers (108 units) and Spellman House (141 units). Grocery store and doctor's appointment transportation for seniors who live in the homes are handled on an as needed or requested basis.

#### **Additional Transportation Requests**

Periodically the program receives requests for transportation after hours and those requests are referred to other transportation listed in the Appendix F City/County services table.

#### **Health/Medical**

Difficulties can arise in seniors being able to pay prescription costs and/or medical deductibles.

#### **Entitlement Programs/County Department of Social Services/Social Security (federal)**

##### **Dept. of Social Services**

There is an ongoing, chronic case-by-case problem with seniors maintaining their enrollment with the Dept. of Social Services' Food Stamps and Medicaid enrollment program.

##### **Social Security**

Approximately twice a year, seniors' staff assists seniors with overpayments to the senior by Social Security. Once Social Security identifies what they believe is an overpayment, they independently reduce the seniors check until the balance is paid. Seniors' staff advocates with elected Federal legislators on behalf of the senior.

#### **Housing**

Seniors staff receives weekly calls for need for immediate senior housing, although the calls are not necessarily from College Park. Staff refers callers to Attick Towers or Spellman House building management.

#### **In-Home Care Services**

Only occasionally are there requests from College Park homes for in-home care resources. Usually while others may see a need, seniors in the homes do not generally request in-home care services.

That said, eligibility and access to in-home care services is much easier and more effectively addressed if before a senior is discharged from the hospital. It is harder to access insurance resources if it is identified independent of hospitalization.

#### **Maintenance of Home Exterior**

Seasonal requests for assistance with yard work, snow shoveling. Seniors staff has very limited resources to refer seniors for assistance.

#### **Social Activities/Classes**

On an ongoing basis, at a minimum of once a month, City seniors call asking for a Monday – Friday College Park Center where they can socialize, exercise, take classes, play cards, dance, have lunch, swim.

While a College Park Seniors Center does not exist, College Park Activities Team was established to provide occasional opportunities and provides social activities four times a year.

## APPENDIX E - COUNTY/CITY RESOURCES

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### COUNTY RESOURCES

County senior services are coordinated out of the Department of Family Services, Aging and Disabilities Services Division ([www.AgingInPrinceGeorgesCounty.com](http://www.AgingInPrinceGeorgesCounty.com), 6420 Allentown Road, Camp Springs, MD 20748; 301-265-8450, 1-844-MAP-LINK)). As stated in their brochure,:

“The Prince George’s County Aging and Disabilities Services Division is a gateway for older adults, persons with disabilities, family members, and family caregivers who want to plan for future needs. The Aging and Disabilities Services Division provides information and assistance on available services, as well as referrals to appropriate agencies to assist older adults and persons with disabilities in Prince George’s County, who want to remain in the community and lead full lives. The Aging and Disabilities Services Division ensures compliance with the Americans with Disabilities Act and it committed to encouraging safety, health, independence, and personal choice for adults we serve and those caring for them.”

### CITY RESOURCES

City senior services are coordinated out of the city’s Youth, Family, and Senior Services Department. According to the website,:

“The College Park Seniors Program provides one-to-one supportive assistance, advocacy services and emotional support to senior residents of the City of College Park for the purpose of enhancing health and social quality of life issues.”

The seniors program is managed managed by four city employee positions:

1. Director of Youth Family & Senior Services, Peggy Higgins
2. Seniors Program Manager, Angie Burns
3. Seniors Caseworker, Fatima Knight
4. Office Specialist, Deidre Massey
5. Seniors Bus Driver

This City program provides direct services to College Park residents aged 62 and older. Program staff provides case management and advocacy services for seniors interfacing with other agencies, including Medicare, Social Security, health insurance companies, prescription drug programs, collection agencies, physicians and Social Services. Staff serves as liaison to other community resources and can provide assistance in the seniors’ understanding of business and other correspondence.

Additionally, staff coordinates day trips, local outings and periodic College Park senior socials. They provide support services to help resolve family and interpersonal issues and provide information and referral to other community, County and State resources, including other transportation resources. Limited City bus transportation is provided for local Prince George’s County medical appointments and to local shopping centers that have a grocery store.

City senior services are communicated through the website, the annual resident information guide, brochures, the Municipal Scene and targeted communications to seniors registered on the seniors mailing list.

Table: City, State, County and Federal Aging in Place Services/Resources for  
City of College Park Residents

CITY	UMD/COUNTY/STATE/FEDERAL
<b>Transportation Services</b>	
<p>The Seniors Program provides limited bus transportation within an 8-mile radius of College Park during regular business hours to local medical appointments (Monday – Friday) and shopping centers (Tuesday and Wednesday). Due to demand, requests for shopping excursion or medical appointment transportation are made a week in advance, at a minimum.</p> <p>The city also accommodates trips to Greenbelt Pool and Fitness Center and other amenities on an irregular basis.</p> <p>Additionally, staff assists seniors in obtaining fare-reducing Senior ID Cards and Smart Cards for Metrobus.</p>	<ul style="list-style-type: none"> <li>● WMATA provides Metro Access for eligible vulnerable residents.</li> <li>● Metrobus</li> <li>● County provides Call-A-Cab program providing half price vouchers, \$280.00 maximum for 6 month period.</li> <li>● County Dept of Transportation provides County Call- A-Bus service for a nominal fee. 14 day advance notice required.</li> <li>● UMD provides free bus service for CP residents, along their usual bus routes</li> </ul>
<b>Housing/Homecare</b>	
<p>The City can facilitate the application process for the county’s “Christmas in April” program to assist seniors with home repairs. Christmas in April annually reviews and makes the determination on applications.</p> <p>Staff assists seniors with Medicare/Medicaid paperwork to help pay for specified medical equipment such as walkers, canes, oxygen equipment when prescribed by a physician.</p> <p>The City also maintains a short list of potential providers.</p> <p>City has very limited resources in response to senior requests for help with maintaining the exterior of their house (examples - yard work, snow shoveling).</p>	<p>County offers a loan program for homeowners wishing to retrofit house to accommodate their need for safety.</p> <p>County maintains list of approximately 30 buildings for low and moderate income seniors.</p> <ul style="list-style-type: none"> <li>● Within the City, Spellman House and Attick Towers are independently run, HUD-funded, subsidized housing independent living facilities for low and moderate income seniors.</li> </ul> <p><u>County’s Assisted Living Subsidy Program</u> provides funding for low-income seniors who need financial assistance in order to afford placement in an assisted living facility. Waitlists are extensive.</p>

	<p><u>County’s Medicaid Home and Community-based Waiver Services</u> provides home care services to income eligible seniors where it is assessed that services are necessary to keep senior in home rather than facility. Waitlists are extensive.</p> <p><u>County’s Money Follows the Person Program</u> provides assistance to individuals transitioning from institution or nursing facility to community living.</p> <p><u>County’s Department of Social Services/Adult Services</u> provides non-emergency individualized assessments for vulnerable adults.</p> <p>Upon appointment by a Circuit Court Judge, the <u>County’s Adult Public Guardianship Program</u> makes decisions regarding medical matters, shelter and personal welfare issues for a vulnerable adult.</p> <p><u>County’s Senior Care Program</u> provides services for seniors at-risk for nursing home placement. High demand.</p> <p><u>Community First Choice:</u> Provides enhanced services in a home-based setting to Maryland residents who receive Community Medicaid benefits and meet an institutional level of care based on their need for assistance with activities of daily living.</p> <p><u>Senior Assisted Living Group Home Subsidy Program:</u> Provides financial assistance to eligible low to moderate-income older adults residing in assisted living facilities by subsidizing the cost. Waitlists are extensive.</p>
<b>Social Activities</b>	
<p>The City provides eight subsidized day trips a year (April - Nov) and three to four subsidized trips a</p>	<ul style="list-style-type: none"> <li>● College Park Community Center, Local M-NCPPC Senior Activity Centers – North</li> </ul>

<p>year for physically challenged seniors. Additionally, the City coordinates College Park Activity Team which plans 4 -5 “Senior Socials” a year, primarily at Old Parish House. Some of these activities have been in partnership with College Park Arts Exchange. The city also provides Thera-play Groups to address isolation issues with Attick Towers seniors.</p>	<p>Brentwood,, Laurel-Beltsville, City of Bowie Senior Center</p> <ul style="list-style-type: none"> <li>● Prince George’s County Community College offers Seasoned Adults Growing Educationally (SAGE) Classes provided at a variety of locations, mostly senior centers</li> </ul> <p><u>Retired and Senior Volunteer Program (RSVP):</u> Provides a variety of interesting and challenging volunteer opportunities to older adults, 55 years and up, at over 50 non-profit and government agencies.</p> <p><u>Senior Community Service Employment Program (SCSEP):</u> A federally funded program for older adults who seek civic engagement as well as employment and training assistance. Low-income qualifying participants must be age 55 or older, a resident of Prince George’s County, and unemployed.</p> <p><u>Foster Grandparent Program:</u> Provides resources for older volunteers to work with physically, mentally, and emotionally handicapped children in centers and schools throughout Prince George’s County.</p>
<p><b>Health &amp; Medical</b></p>	
<p>The City hosts an annual fall Health Fair providing flu shots and blood pressure screenings, along with other medical service providers including Washington-McLaughlin Adult Medical Day Center.</p>	<p><u>Senior Nutrition Program:</u> Provides meals in both group and home settings in order to meet the nutritional needs of older adults (Nominal Fees). Frequently waitlisted.</p> <ul style="list-style-type: none"> <li>● The College Park nutrition program is administered by the Meals on Wheels Program (301-474-1002). There currently is not a physical location for this program within the city.</li> </ul> <p><u>Family Caregiving Program:</u> Provides assistance to caregivers, which may include family, friends, and members of the community, with access to support groups, problem solving, education, and respite care.</p>

	<p><u>Senior Care:</u> Provides services for older adults who may be at risk for nursing home placement. Services can include personal care, adult day care, financial help for medications, medical and personal supplies, and emergency response systems. Waitlists are extensive.</p> <p><u>State Health Insurance Assistance Program:</u> Provides free, unbiased Medicare counseling and education. SHIP is not an insurance provider.</p> <ul style="list-style-type: none"> <li>● <b>Qualified Medicare Beneficiary (QMB):</b> Assists with Medicare premiums, deductibles, and copayments</li> <li>● <b>Specified Low-Income Medicare Beneficiary (SLMB):</b> Pays Medicare Part B premiums</li> <li>● <b>Extra Help (Low Income Subsidy):</b> Assists with paying Medicare Part D monthly premiums, annual deductibles, and lowering copayments</li> <li>● <b>Maryland Senior Prescription Drug Assistance Program (SPDAP):</b> Assists paying up to \$40 toward Medicare Part D premiums or the prescription costs toward a Medicare Advantage Plan.</li> </ul>
<p><b>Entitlement Programs</b></p>	
<p>The City provides senior advocacy with programs like: Social Security, Medicare, Medical Assistance, Health Insurance Plans, Insurance Benefits, Prescription Programs (including Medicare Part D), Medical Providers, and Other Financial and Government Entitlement Programs. The City assists seniors with Medicare options during annual open enrollment in November/December. Office visits with individual seniors includes review of Medicare options and telephone contact to Medicare with the senior present to facilitate senior understands of healthcare options. The City assists seniors in navigating entitlement programs including Social Security, Food Stamps and Medicaid.</p>	<ul style="list-style-type: none"> <li>● Following review of individual senior information, the County’s Senior Health Insurance Program (SHIP) provides 2-3 comparisons of Medicare options to assist seniors in selecting insurance options.</li> </ul>
<p><b>Tax Services</b></p>	

<p>City coordinates free tax preparation with AARP tax preparers for income eligible seniors. Criteria is not as severe as government benefits. City transportation to the appointment is also available.</p>	
<p><b>Emotional Support</b></p>	
<p>Establish individual supportive relationships with seniors primarily from Attick Towers and Spellman House but also includes some College Park-at-large seniors met through trips and other activities.</p>	<ul style="list-style-type: none"> <li>● County provides Telephone Reassurance Program of daily calls to interested County residents 60 and over. Volunteer place daily reassuring calls to homebound and isolated adults in Prince George's County. Volunteer dependent.</li> </ul>
<p><b>Referrals</b></p>	
<p>The city provides referrals for a number of different senior services:</p> <ul style="list-style-type: none"> <li>● Transportation</li> <li>● Housing and Homecare - City provides referrals to local providers such as Love and Companion In-home Care in College Park and Home Instead in Beltsville. Cost assumed by senior.</li> <li>● Food - City provides contact information for Meals on Wheels. City connects seniors to local food pantries/food banks if needed.</li> </ul>	<p><u>Senior Scams</u> are monitored by the Prince George's County Senior Medicare Patrol (SMP) (301-265-8471) as well as county police.</p> <p><u>Ombudsman Program</u>: Promotes the highest quality of life and care possible for nursing home residents by investigating and resolving problems which affect residents' rights, health, care, safety, and welfare.</p>

## APPENDIX F - AGING-IN-PLACE MODELS

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### AGING IN PLACE MODELS

There are many aging in place models currently in existence in the United States. If the City of College Park Aging In Place Task Force should become permanent, it is suggested the newly formed Committee explore existing senior programs outside the area; two are described below:

Senior Villages – “Villages are committed to maintaining and strengthening members’ connection to their community while providing needed services and supports. While the range of services varies, they typically include information referrals, home health care, access to transportation services, and assistance with household tasks, as well as access to social and educational activities. Transportation and assistance with moving furniture and other handiwork were the most commonly used services among members in five Village organizations in the Washington, D.C. metropolitan area. Instead, these are nonprofit organizations governed by a board of directors and operated either by a mix of paid staff and volunteers or solely by volunteers. Staff provides administrative oversight, coordination and delivery of services, or other assistance that a member may need. Volunteers are a critical component of the Village concept—many assist with daily operations or deliver services (e.g., taking a member to the doctor’s office, helping with groceries).” (Excerpted from AARP Public Policy Institute Fact Sheet , March 2010.) Important note: there are some Villages that require an increase in tax from the residents. Thus, the economic impact would require a thorough review and discussion.

The Hub and Spoke concept assists villages in their formation. Some benefits of this concept are: eliminates the need for each spoke Village to get its own independent 501c3 status, while allowing them to provide tax-deductions to donors; provides economy of scale savings—both in terms of manpower and financial outlay—to all the Villages that are part of the system; enables Villages within the same area to effectively share resources and combine efforts to apply for funding and negotiate key strategic partnerships; standardizes financial record keeping, donor records, grant tracking, and data collection across multiple Villages, which makes them collectively more attractive to potential funders; helps ensure all Villages are knowledgeable about and in compliance with nonprofit legal requirements; allows the spoke Villages to focus on what they are most interested in: namely, the day-to-day operating of their Village. (Source: Villages NW website)

### HOW IS IT BEING ADDRESSED LOCALLY

#### **Case Study: Review of Resource Availability and Usage in Local Area Jurisdictions (Provided by Helen)**

Mr. Johnson, a 73 year old male, lives in the home where he was raised with one sister whom he does not call on for help. He lives alone and is in poor health. He desperately wants to live in his own home for as long as possible. What can local jurisdictions do to promote his ability to meet this goal?

#### **College Park**

Once City seniors staff was notified of Mr. Johnson’s situation, contact would be made with him and a home meeting scheduled for the next business day. During the rapport-building meeting, his situation would be evaluated for his ability to continue to live safely in the home. His health situation would also

be assessed, identification of what his needs, what possible financial and supportive network was already available to him and his openness to services.

If food/groceries was an issue, it would be determined whether Mr. Johnson was capable of and wished transportation to the grocery store. If he was, City transportation would be arranged. There is no charge for City transportation services. If Mr. Johnson was not capable of or interested in going to the grocery store, he would be offered in-home services such as Meals on Wheels.

If transportation to the doctor's was an issue, and the doctor's appointment was in Prince George's County within an approximate eight-mile radius, City transportation would be arranged and ongoing transportation requests made within 48 hours of the doctor's appointment can generally be worked into the schedule. Mr. Johnson would also be informed of County, Metro Access and private transportation resources.

If Mr. Johnson needed in-home services including activities of daily living, it would be determined whether or not he had applied for Medicaid. If he was eligible for Medicaid, he would be eligible for County in-home services, although the County often has a waitlist for these services. If Mr. Johnson had financial resources and was interested in in-home services, City staff would connect Mr. Johnson with a local provider.

If Mr. Johnson needed physical adjustments made to his home because of his health in order to stay in his home and he was interested, possible County resources to make home adjustments would be explored.

If Mr. Johnson felt isolated and was interested in social activities, he would be invited to register with the City seniors program to be notified of periodic City senior social activities and informed of ongoing County activities.

### **Greenbelt**

Greenbelt has a comprehensive program which provides a type of wrap-around services. Either he or someone who knows him would notify the Case Management service for help. After receiving the referral phone call they would arrange an appointment either in the home or in the office, depending on the abilities of the client. This program is staffed by a community resource advocate who: Assists clients in making informed choices about their health and wellness options through:

- Serving as a liaison between the resident and service provider
- Evaluating the social services needs of each client
- Providing support and training resources to caregivers

Senior Wrap-Around Services are personalized home-based services designed to prevent seniors from "falling through the cracks" and to assist the most vulnerable elderly citizens to live safely in their own homes. This program includes three distinct goals: 1) to locate the most frail, isolated elderly citizens and offer services; 2) to make it easy for seniors and those concerned about seniors to receive needed services; 3) to offer a client-friendly set of services specifically geared to each individual.

The wrap-around philosophy stresses the importance of community members as active participants in meeting the needs of our most frail elderly. Gatekeepers are employees of businesses and individuals

who come into contact with older adults during the course of their everyday work activities. They may include neighbors, mail and newspaper carriers, heating company staff, police department personnel, bank tellers, apartment managers and telephone company employees.

Source: [http://juneauempire.com/stories/100406/nei\\_20061004003.shtml#.VoQTLpMrKqA](http://juneauempire.com/stories/100406/nei_20061004003.shtml#.VoQTLpMrKqA)

They would review his current supports in the home and provide a short plan for making it more likely he could stay where he is. They might refer him to GIVES, a comprehensive program calling on volunteers which could provide much needed support in transportation to the doctor's, assistance with some, if not all, meals, and might be available for certain household chores as well as many other areas of services needed in the home. These are licensed and bonded volunteers who are available to the coordinator of GIVES for being called on as needed. The volunteers are all ages. This would remain in place until the client was able to maintain on his own or had to accept that he might not be able to remain independent to do this. If the latter occurred the case manager would work with him to find an appropriate placement for the best maintenance of his health. There would be no charge for any of this service as it all provided through case management services and a volunteer organization with the former funded by state and local money, the latter a completely volunteer program with its own management. Grants to the City of Greenbelt play a major role in the development and expansion of the programs. The director of the program is credited with finding many sources of funding to the residential programs. There is a link to their website for more detailed information.

### **Hyattsville**

Mr. Johnson would meet with slightly different supports in Hyattsville. It has a small program which at this time is only able to pick up the piece most similar to GIVES. There is a small yearly fee which is requested but not mandatory. It is \$20.. The organization called Aging in Place—Neighbors Helping Neighbors maintains an extensive website on which they actively seek donations to run their program. They compiled a directory in 2012 which they use as an internal resource guide for their residents and have not updated it since then. If Mr. Johnson could make his transportation request a week in advance he is likely to be taken to his doctors. This is provided by volunteers If Mr. Johnson is in need of assistance they fill out an application after which a volunteer is located to assist him. There is no certainty this volunteer would be the same each time the client needs assistance. The organization also maintains some resources for things like adaptable equipment (stair lifts, shower chairs, etc.) to help maintain independence. During 2014 they served 153 residents 104 of these services calls had been to rides to the doctor's office. During the same period of time they served 23 residents with mobility limitations, mostly in their 80's and 90's. The organization also includes social and health events.

### **Takoma Park**

If Mr. Johnson lived in Takoma Park he would receive services most like Greenbelt. Lifelong Takoma is a city service with oversight by Karen Maricheau (Program Manager) who is a paid part time staff member. The focus of the Lifelong Takoma Program is to stay in touch with and be responsive to residents' ever-changing needs, as they age, so that they may choose to remain in Takoma Park. Their program primarily helps residents 55+ and residents of all ages who have disabilities. Services include identifying needs and linking residents to resources, supports, programs or opportunities as requested. Additionally it serves as an advocate, communicates with others, on residents' behalf, to follow up on concerns.

Takoma Park Village is initiative that helps an estimated 1,668 seniors in Takoma Park and began in 2011. The contact for this program is Wolfgang Mergner and it works in conjunction with Lifelong Takoma. The Village's goal is to complement the County and City services and help members learn about and fully utilize them, and to provide greater access to help within the home. In order to be part of this initiative, members are requested to pay a \$10 fee per individual annually. This fee can be waived. They have monthly meetings on senior issues and have a subscriber database of approximately 200 as of April of 2015. They also post notices in senior apartment buildings. Services are provided by volunteers to include providing rides and friendly visits.

The City of Takoma Park runs a 55 and Over Program which is designed for active seniors. They have recreational as well as entertainment activities for seniors who are actively mobile. They have a facility with a game room for seniors. This program is run by the City with a paid staff member. They produce 6 newsletters per year.

## APPENDIX G - GENERAL RESOURCES

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### SENIOR RESOURCE CONTACT INFORMATION

AARP	888-687-2277
Alzheimer's Association	866-259-0042
American Cancer Society	301-562-3600
American Diabetes Association	800-342-2383
Columbia Lighthouse Society for the Blind	301-589-0894
Curb Abuse in Medicare and Medicaid	301-265-8471
Department of Housing and Community Development	301-883-5501
Department of Public Works and Transportation, Senior Transportation Services	301-499-8603
Department of Social Services	
• Adult Protective Services	301-909-2228
• Eviction Prevention Program	301-909-6362
• MD Energy Assistance Program	301-909-6300
• Respite Care	301-909-2091
Developmental Disabilities Administration	301-362-5100
Elder Abuse Prevention Treatment	301-265-8450
Elder Care Locator Services	800-677-1116
Equal Rights Center	202-234-3062
Family Caregivers	301-265-8450
Foster Grandparent Program	301-265-8487
Health Department Adult Evaluation and Review Service	301-856-4730
Long-Term Care Ombudsman	301-265-8483
Maryland State Department of Education Division of Rehabilitation Services	301-749-4660
Medicaid Recipients Relations	410-767-5800
Medicaid Waiver	301-265-8463
Prince George's Community College Senior Program (SAGE)	301-322-0882
Prince George's County Library System	301-699-3500
Prince George's County One Stop Career Center	301-618-8400
Public Guardianship Program	301-218-5504
Register of Wills	301-952-3250
RSVP Program	301-265-8487
Senior Assisted Housing Program	301-265-8474
Senior Health Center	301-927-4987
Senior Health Insurance Program	301-265-8471
Senior Information and Assistance	301-265-8450
Senior Law Project, Legal Aid	301-927-6800
Senior Nutrition Program	301-265-8475
Social Security Administration	800-772-1213
State Health Insurance Assistance Program (SHIP)	301-265-8450

### LOCAL SENIOR PUBLICATION

Guide to retirement Living: <http://www.retirementlivingsourcebook.com/order>

## APPENDIX H - OTHER LOCAL RESOURCES

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### Private Industry Resources

#### **Housing/Homecare:**

- Local, market-rate, housing options for seniors are Riderwood in Silver Spring and Collington in Mitchellville. Both provide various levels of care from independent to assisted living.
- Local home care agencies provide time-limited home care services through Medicare to those seniors returning home from hospitalization or nursing homes.

#### **Subsidized Senior Facility Offerings:**

Spellman House staff periodically conducts computer classes for Spellman residents.

### Explorations on Aging

Explorations on Aging is a grassroots senior community organization, presenting senior topics and resources to the community periodically and connecting resources across local municipalities (i.e. Hyattsville & Greenbelt).

#### **Proposed Explorations in Aging Group Objectives:**

1. Continue to expand knowledge of aging-related issues relevant to our community. Action: Participate in neighboring group activities, i.e., Rte 1 Coalition, Hyattsville Aging in Place, UMD, Riverdale Park, Greenbelt Senior Services . Keep current with county and state services and initiatives.
2. Inform and educate. Raise awareness of Aging Related Issues in our Community. Stay alert to opportunities to provide a "stimulus to action" in the community. Action:
  - a. Organize two Information and Idea Exchanges in the coming year beginning in Sept.
  - b. Continue to develop and maintain a contact list of interested area residents.
  - c. Gather and share information on a aging-related topics and activities in the area to the contact list.
3. Partner with the CP Task Force on Aging and other area groups to share aging in place resources and information, where possible. Action:
  - a. Maintain a dialogue with the College Park Task Force. Work together with the TF when appropriate.
  - b. Develop and maintain 3 "Partners" List. (‘See Prospective Partner List below)

#### **Tentative Topics and/or Activities**

- AARP Livable Community, Washington Area Village Network, UMD School of Public Health, "isolation intervention", Information Fair (possibly w/ Task Force).
- ‘Repeat "Estate Planning" meeting held in UP.
- Addendum: Accept the invitation from Dr. Lindsey Anderson, Communications Dept, UM, to meet soon to discuss the possibility of collaborating with her and her students in a qualitative research methods course that she’s currently developing. The course will be offered in spring and will focus on issues impacting seniors in the College Park community and could be a natural extension of the
- committee .

- Have agreed to present 3-4 topic presentations per year.

## **UMD Resources**

### **Golden ID Program**

College Park participates in the University of Maryland's Golden Identification Card Program. This program allows eligible senior citizens to take advantage of the wide variety of course offerings at College Park. For more information about the Golden ID program, please visit [the Golden ID](#) page on the Registrar's website.

Golden ID applicants who previously attended the University of Maryland must apply for reenrollment.

To be eligible for participation the individual must:

- be 60 years of age or older
- a legal resident of the State of Maryland
- retired (not engaged in gainful employment for more than 20 hours a week).

Application is made either through the Office of Undergraduate or Graduate Admissions. The appropriate application fee will be assessed. College Park tuition is waived, students are charged part-time undergraduate student fees, less the health, student activities, and athletic fees. Please see the Office of the Bursar for the exact amount.

Golden ID students register on a space available basis for a maximum of three courses during the first week of classes. They must meet all course prerequisite and co-requisite requirements. The Golden Identification Card with a current semester registration card will entitle eligible persons to certain academic services, including the use of the libraries, as well as certain other non-academic services. Such services will be available during any session only to persons who have registered for one or more courses for that session. Golden ID students are not eligible for Consortium courses or Continuing Education.

Golden ID students also have the opportunity to become involved with the Golden ID Student Association which provides cultural and social events, course recommendations, and peer advising. Additional information may be obtained from the Office of Undergraduate Admissions, Mitchell Building, 301-314-8385, or the Golden ID Student Program, first floor, Mitchell Bldg. 301-314-8219.

Source: <http://registrar.umd.edu/current/registration/golden-id.html>

### **Senior Volunteer Service Corp**

The benefit of SVSC volunteers to the University of Maryland is extremely important and the faculty and staff place high value on these volunteers.

SVSC welcomes inquiries from people of the community who wish to stay physically and mentally active in their retirement years. You will find a list of current vacancies in another part of this website and an application form which you can fill out online.

If you don't see a current opening that fits your particular background and experience, we invite you to return the form to us anyway so we can keep it on file for possible future use.

We also are happy to receive requests from all departments and offices of the University that have a need or opportunity for volunteers in their daily operations.

Source: <http://www.vsc.umd.edu/>