

## CITY OF COLLEGE PARK, MARYLAND

### CLASS SPECIFICATION

**CLASS TITLE:** FAMILY THERAPIST

**FLSA Status:** Exempt

**GENERAL CLASS DESCRIPTION:** Positions in this classification provide individual, family and group therapy to troubled youths and families under stress. Assesses psychotherapy needs of clients; and develops and implements treatment plans. Performs client intakes, provides crisis and suicide intervention services; refers youths and families to additional resources as needed. Reports to the Clinical Supervisor.

**ESSENTIAL JOB FUNCTIONS:**

***The following duties are typical for this classification. Not all the listed duties may be required and other duties may be required or assigned.***

- Meets with youths and their families and works to establish effective communication and trust. Assesses the psychotherapeutic needs of the clients; develops a treatment plan; and provides individual, family and group therapy.
- Develops and writes assessments, treatment plans, and progress reports for each client; maintains all program, service and treatment related documentation; participates in clinical reviews of cases with supervisor and other agency persons. Provides information and identifies resources.
- Provides information on resources and community services available to clients. Establishes effective working relationships with personnel from other human service agencies and organizations.
- Serves on committees within the community regarding program services and activities. Serves as liaison between agencies and clients/client families.
- Provides crisis intervention and suicide prevention services. Refers clients to other resources as needed.
- Prepares reports of services rendered and related casework information.

**KNOWLEDGES, SKILLS AND ABILITIES REQUIRED TO PERFORM ESSENTIAL FUNCTIONS.**

**Technical Knowledge:**

- Considerable knowledge of the principles, practices and methodologies of providing social work and psychotherapeutic services.
- Considerable knowledge of family and interpersonal dynamics, and the socio-economic and emotional issues and/or needs of youths and their families.
- General knowledge of the techniques, policies and principles of working with clients regarding emotional and/or personal issues.
- General knowledge of the community resources available to clients.
- General knowledge of the requirements, processes and documentation for managing and reporting casework and provided services.

## FAMILY THERAPIST

### Physical Requirements:

- Ability to operate a variety of office equipment such as a computer, telephone, etc.

### Language Ability & Interpersonal Communications:

- Ability read and interpret psychological, medical, educational, and psychiatric profiles and records in order to assess psychotherapeutic needs.
- Ability to communicate effectively and trusting and open relationships with youths and their families; and to deal tactfully and professionally with clients regarding personal and sensitive issues.
- Ability to identify and coordinate resources and services with other agencies; and establish effective working relationships with other human services personnel.
- Ability to document and prepare clinical reports, assessments, service records and other program and treatment related information.

### Environmental Adaptability

- Work is performed in an office environment. Must be able to adapt to the climate set by the client's disposition and nature of counseling sessions; must be able to withstand the stress of face to face counseling with troubled clients.

### **ACCEPTABLE TRAINING AND EXPERIENCE**

Requires a Master's degree in counseling, clinical social work or a related field and 1 - 2 years of experience providing social work services and counseling to youths and their families; or any equivalent combination of training and experience which provides the required knowledges, skills and abilities.

*College Park is an Equal Opportunity Employer. In compliance with the American with Disabilities Act, the City will provide reasonable accommodations to qualified individuals with disabilities and encourages both prospective and current employees to discuss potential accommodations with the employer.*